

DOCUMENTING DEVIATIONS

EMDRIA members are informed about and provided with programs, which may not fit the EMDRIA Definition of EMDR, but show promise in enhancing clinical skills and extending the application of EMDR-based theory or methodology.

Programs that deviate from the EMDRIA Definition of EMDR must justify modifications with appropriate literature review and/or scholarly consensus and/or empirical research in order for the application to be considered for EMDRIA Credits.

A program that deviates from the EMDRIA Definition of EMDR is considered an alternative procedure, protocol or explanation other than the standard EMDR method and model. In order for this type of program to be considered for EMDRIA Credits, applicants must clearly indicate how the deviation impacts either theory or procedures and which of the 8-phases are modified and how. To illustrate how it works, a minimum of one case example must be submitted. The case example should contain the following, including EMDR specific nomenclature:

1. Literature Review
2. Introduction of the case
3. Presenting problems
4. Client history
5. Diagnosis
6. Case conceptualization, including Specific EMDR Targets: Past, Present and Future; anticipated additional skills and resources.
7. Phase III Assessment (EMDR Target Baseline Data)
8. Course of treatment: assessment of initial case conceptualization, client outcome including specific outcome measures.
9. Discussion of treatment implications
10. Recommendations
11. References