

## EMDR Early Intervention Resource List

### TOOLKIT

Thomas, R., (2014, 2018). EMDR Early Intervention and Crisis Response: Researcher's Toolkit. Retrieved from <https://emdrresearchfoundation.org/resources/toolkit/>

### RESEARCH

#### Peer-Reviewed Articles:

Acarturk, C., Konuk, E., Cetinkaya, M., Senay, I., Sijbrandij, M., Cuijpers, P., & Aker, T. (2015). EMDR for Syrian refugees with posttraumatic stress disorder symptoms: Results of a pilot randomized controlled trial. *European Journal of Psychotraumatology*, 6:27414. Open access: <https://doi.org/10.3402/ejpt.v6.27414>

Acarturk, C., Konuk, E., Cetinkaya, M., Senay, I., Sijbrandij, M., Gulen, B., & Cuijpers, P. (2016). The efficacy of eye movement desensitization and reprocessing for posttraumatic stress disorder and depression among Syrian refugees: Results of a randomized controlled trial. *Psychological Medicine*, 46(12), 2583-2593. <https://doi.org/10.1017/S0033291716001070>

Brennstuhl, M. J., Tarquinio, C., Strub, L., Montel, S., Rydberg, J. A., & Kapoula, Z. (2013). Benefits of immediate EMDR vs. eclectic therapy intervention for victims of physical violence and accidents at the workplace: a pilot study. *Issues in Mental Health Nursing*, 34(6), 425-434. <https://doi.org/10.3109/01612840.2012.759633> – **CONTROLLED STUDY**

Brennstuhl, M. J., Bassan, F., Fayard, A.-M., Fisselbrand, M., Guth, A., Hassler, M., . . . Tarquinio, C. (2019). Immediate treatment following the November 13 attacks: Use of an EMDR emergency protocol. *European Journal of Trauma & Dissociation*, 3(1), 17-21. Open access: <https://dx.doi.org/10.1016/j.ejtd.2018.09.004>

Buydens, S. L., Wilensky, M., & Hensley, B. J. (2014). Effects of the EMDR protocol for recent traumatic events on acute stress disorder: A case series. *Journal of EMDR Practice and Research*, 8(1), 2-12. Open access: <https://doi.org/10.1891/1933-3196.8.1.2> - **CASE STUDY**

Colelli, G., & Patterson, B. (2008). Three case reports illustrating the use of the protocol for recent traumatic events following the World Trade Center terrorist attack. *Journal of EMDR Practice and Research*, 2(2), 114-123. Open access: <https://doi.org/10.1891/1933-3196.2.2.114>

Covers, M. L. V., de Jongh, A., Huntjens, R. J. C., de Roos, C., van den Hout, M., & Bicanic, I. A. E. (2019). Early intervention with eye movement desensitization and reprocessing (EMDR) therapy to

- reduce the severity of posttraumatic stress symptoms in recent rape victims: Study protocol for a randomized controlled trial. *European Journal of Psychotraumatology*, 10(1), Open access: <https://doi.org/10.1080/20008198.2019.1632021>
- Egeci, I. S., & Ozgun, S. (2019). Randomized controlled trial: EMDR early intervention with and without eye movements for learned helplessness state. *Journal of EMDR Practice and Research*, 13(2), 90-99. <http://dx.doi.org/10.1891/1933-3196.13.2.90>
- Fernandez, I. (2008). EMDR after a critical incident: Treatment of a tsunami survivor with acute posttraumatic stress disorder. *Journal of EMDR Practice and Research*, 2(2), 156-159. Open access: <https://doi.org/10.1891/1933-3196.2.2.156>
- Gil-Jardine, C., Evrard, G., Al Joboory, S., Tortes Saint Jammes, J., Masson, F., Ribereau-Gayon, R., ... Lagarde, E. (2018). Emergency room intervention to prevent post concussion-like symptoms and post-traumatic stress disorder. A pilot randomized controlled study of a brief eye movement desensitization and reprocessing intervention versus reassurance or usual care. *Journal of Psychiatric Research*, 103, 229-236. <https://doi.org/10.1016/j.jpsychires.2018.05.024> - RCT
- Jarero, I., Amaya, C., Givaudan, M., & Miranda, A. (2013). EMDR individual protocol for paraprofessional use: A randomized controlled trial with first responders. *Journal of EMDR Practice and Research*, 7(2), 55-64. Open access: <https://doi.org/10.1891/1933-3196.7.2.55> - RCT
- Jarero, I., Artigas, L., & Lubet, M. (2011). The EMDR protocol for recent critical incidents: Application in a disaster mental health continuum of care context. *Journal of EMDR Practice and Research*, 5(3), 82-94. Open access: <https://doi.org/10.1891/1933-3196.5.3.82> - RCT
- Jarero, I., Schnaider, S., & Givaudan, M. (2019). Randomized controlled trial: Provision of EMDR protocol for recent critical incidents and ongoing traumatic stress to first responders. *Journal of EMDR Practice and Research*, 13(2), 100-110. <http://dx.doi.org/10.1891/1933-3196.13.2.100>
- Jarero, I., & Uribe, S. (2011). The EMDR Protocol for recent critical incidents: Brief report of an application in a human massacre situation. *Journal of EMDR Practice and Research*, 5(4), 156-165. Open access: <https://doi.org/10.1891/1933-3196.5.4.156> - CONTROLLED STUDY
- Jarero, I., & Uribe, S. (2012). The EMDR protocol for recent critical incidents: Follow-up report of an application in a human massacre situation. *Journal of EMDR Practice and Research*, 6(2), 50-61. Open access: <https://doi.org/10.1891/1933-3196.6.2.50> - CONTROLLED STUDY
- Jarero, I., Uribe, S., Artigas, M., & Givaudan, M. (2015). EMDR protocol for Recent Critical Incidents: A randomized controlled trial in a technological disaster context. *Journal of EMDR Practice and Research*, 9(4), 166-173. Open access: <https://doi.org/10.1891/1933-3196.9.4.166> - RCT
- Konuk, E., & Zat, Z. (2015). Humanitarian programs and interventions in Turkey. *Journal of EMDR Practice and Research*, 9(2), 106-113. Open access: <https://doi.org/10.1891/1933-3196.9.2.106>
- Laub, B., & Weiner, N. (2011). A developmental/integrative perspective of the recent traumatic episode protocol. *Journal of EMDR Practice and Research*, 5(2), 57-72. Open access: <https://doi.org/10.1891/1933-3196.5.2.57>

- Roberts, N. P., Kitchiner, N. J., Kenardy, J., Robertson, L., Lewis, C., & Bisson, J. I. (2019). Multiple session early psychological interventions for the prevention of post-traumatic stress disorder. *Cochrane Database of Systematic Reviews*. Open access: <https://doi.org/10.1002/14651858.CD006869.pub3>
- Rosenblum, R. E., Dockstader, D. J., & Martin, S. A. (2017). EMDR, community psychology and innovative applications of a trauma recovery network as a toll of social change. *Journal of EMDR Practice and Research*, 11(4), 206-216. Open access: <https://doi.org/10.1891/1933-3196.11.4.206>
- Saltini, A., Rebecchi, D., Callerame, C., Fernandez, I., Bergonzini, E., & Starace, F. (2017). Early Eye Movement Desensitization and Reprocessing (EMDR) intervention in a disaster mental health care context. *Psychology, Health & Medicine*, 23(3), 285-294. <http://dx.doi.org/10.1080/13548506.2017.1344255> - **CONTROLLED STUDY**
- Shapiro, E. (2009). EMDR treatment of recent trauma. *Journal of EMDR Practice and Research*, 3(3), 141-151. Open access: <https://doi.org/10.1891/1933-3196.3.3.141>
- Shapiro, E. (2012). EMDR and early psychological intervention following trauma. *European Review of Applied Psychology*, 62(4), 241-251. <https://doi.org/10.1016/j.erap.2012.09.003>
- Shapiro, E., & Laub, B. (2008). Early EMDR intervention (EEI): A summary, a theoretical model, and the recent traumatic episode protocol (R-TEP). *Journal of EMDR Practice and Research*, 2(2), 79-96. Open access: <https://doi.org/10.1891/1933-3196.2.2.79>
- Shapiro, E., & Laub, B. (2015). Early EMDR intervention following a community critical incident: A randomized clinical trial. *Journal of EMDR Practice and Research*, 9(1), 17-27. Open access: <http://dx.doi.org/10.1891/1933-3196.9.1.17> - **RCT**
- Shapiro, E., Laub, B., & Rosenblat, O. (2018). EMDR early intervention following intense rocket attacks on a town: A randomized clinical trial. *Clinical Neuropsychiatry*, 15(3), 194-205. Open access: <https://www.clinicalneuropsychiatry.org/clinical-neuropsychiatry-volume-15-issue-3-june-2018/> - **RCT**
- Silver, S. M., Rogers, S., Knipe, J., & Colelli, G. (2005). EMDR therapy following the 9/11 terrorist attacks: A community-based intervention project in New York City. *International Journal of Stress Management*, 12(1), 29-42, 1541. <https://doi.org/10.1037/1072-5245.12.1.29> - **CASE STUDY**
- Solomon, R. (2008). Clinical Q & A: Critical Incident Interventions. *Journal of EMDR Practice and Research*, 2(2), 160-165. Open access: <https://doi.org/10.1891/1933-3196.2.2.160>
- Tarquinio, C., Brennstuhl, M. J., Reichenbach, S., Rydberg, J. A., & Tarquinio, P. (2012). Early management of rape victims and presentation of an emergency EMDR treatment protocol. *Sexologies*, 21(3), 147-156. <https://doi.org/10.1016/j.sexol.2011.11.012> - **CASE STUDY**
- Tarquinio, C., Rotonda, C., Houille, W., Montel S., Rydbery, J., et al. (2016). Early psychological preventive intervention for workplace violence: A randomized controlled explorative and comparative study between EMDR-Recent Event and Critical Incident Stress Debriefing. *Issues in Mental Health Nursing*, 37(11), 787-799. <https://doi.org/10.1080/01612840.2016.1224282> - **RCT**

Tofani, L., & Wheeler, K. (2011). The recent traumatic episode protocol: Outcome evaluation and analysis of three case studies. *Journal of EMDR Practice and Research*, 5(3), 95-110. Open access: <https://doi.org/10.1891/1933-3196.5.3.95>

Wesson, M., & Gould, M. (2009). Intervening early with EMDR on military operations: A case study. *Journal of EMDR Practice and Research*, 3(2), 91-97. Open access: <https://doi.org/10.1891/1933-3196.3.2.91-CASE-STUDY>

### Books/Chapters:

Artigas, L., & Jarero, I. (2014). The butterfly hug. In M. Luber (Ed.), *Implementing EMDR early mental health interventions for man-made and natural disasters: Models, scripted protocols and summary sheets*. (pp. 127-130). New York, NY: Springer Publishing Company.

Luber, M. (2014). *Implementing EMDR early mental health interventions for man-made and natural disasters: Models, scripted protocols and summary sheets*. New York, NY: Springer Publishing.

- **Note: this volume includes many EEI Individual and EEI Group Protocols**

Shapiro, E., & Laub, B. (2014). The recent traumatic episode protocol (R-TEP): An integrative protocol for early EMDR intervention (EEI). In M. Luber (Ed.), *Implementing EMDR early mental health interventions for man-made and natural disasters: Models, scripted protocols and summary sheets* (pp. 193-207). New York, NY: Springer Publishing.

Shapiro, F. (2018). Chapter 9: Standardized protocols and procedures for special situations. In *Eye movement desensitization and reprocessing therapy: basic principles, protocols, and procedures* (3<sup>rd</sup> ed, pp. 220-227). New York: Guilford Press.

### Other Resources:

Artigas, L., & Jarero, I. (2007, March). The butterfly hug. Mexico City, Mexico: Asociacion. Mexicana para Ayuda Mental en Crisis.

Alter-Reid, K., Crouch, M., & Rost, L. (2018). Responding to trauma with first responders in Fairfield, Connecticut. *Go With That*, 23(3), 12-13. EMDRIA Member Access: <https://www.emdria.org/page/publications>

Becker-Fritz, T., Santamaria, K., & Robinson, S. (2018). Responding to the unite the right rally and Richmond monument avenue rally. *Go With That*, 23(3), 16-17. EMDRIA Member Access: <https://www.emdria.org/page/publications>

Blenkinsop, C., Carriere, R., Farrell, D., Luber, M., Maxfield, L., Nickerson, M., . . . & Thomas, R. (2018, April 9). Eye movement desensitization and reprocessing early intervention (EMDR EI). Global Summit White Paper. Retrieved from: <http://emdrearlyintervention.com/emdr-ei-white-paper/>

Gilman, S. G. (2018). First responder cumulative traumatic-stress exposure. *Go With That*, 23(3), 24-26. EMDRIA Member Access: <https://www.emdria.org/page/publications>

Jarero, I. & Artigas, L. (2018). AIP model-based Acute Trauma and Ongoing Traumatic Stress Theoretical Conceptualization. *Iberoamerican Journal of Psychotrauma and Dissociation (Revista*

*Iberoamericana de Psicotramatología y Disociación*). 10 (1), ISSN: 2007-8544. Retrieved from: <https://www.revibapst.com/volumen-10-numero-1-2018-2019>

Laidlaw Chasse, B. (2018). EMDR early intervention and community response = prevention. *Go With That*, 23(3), 14-15. EMDRIA Member Access: <https://www.emdria.org/page/publications>

Morrow Robinson, R. (2018). Five EMDR intervention communities illuminate the significance of community: Response networks and the necessary components within. *Go With That*, 23(3), 10-11. EMDRIA Member Access: <https://www.emdria.org/page/publications>

Roberts, A., Shapiro E., & Jarero, I. (2018). EMDR early intervention. *Go With That*, 23(3), 6-9. EMDRIA Member Access: <https://www.emdria.org/page/publications>

Rosenblum, R. E. (2018). Social change, little “D” disasters and why EEI protocols are essential to everyone’s practice. *Go With That*, 23(3), 19. EMDRIA Member Access: <https://www.emdria.org/page/publications>