



# Distance Education Training Standards Plan

March 2021

Assessment Zoom Discussion

# Elements of this Session

- Review process we are using for standards development
- Update on some specific items
- Report Synopsis of Survey Responses on Learner Assessment
- Breakout for Deeper Discussion and Feedback

# Changing Standards for In-Person Training in EMDR

The Standards and Process for being approved as an EMDR Trainer for In-Person EMDR will be revised in 2022

The new in-person standards are expected to be similar to distance education standards, adapted for the in-person context.

Review and approval as an EMDRIA Approved Trainer in Distance Education, or as an In-Person trainer will be separate and distinct

# Key Principles in Standards Development for EMDR Training

## Key Principles:

- EMDRIA is shifting its model from approving material (manuals and content) to a full review of the education platform, content, assessment, and trainer characteristics
- Any individual offering EMDRIA Approved Training in EMDR will be approved as an individual for training
- Recognition as an Approved Trainer will be for a specific term, and a renewal review process will be developed
- Annual reports will be required including relevant data (number of trainings, trainees, completion rates, etc.)

# Four Domains of Standards identified for EMDR Distance Education

- Technical Specifications, System Requirements, and Learning Management System Requirements
- EMDR Content
- Learner Assessment
- Trainer Characteristics and Evaluation

# Participative Iterative Process: Domains Will be Developed Sequentially

1. Host Webinar/Town Hall Event
2. Task Force Creates Draft of Standards for Feedback
3. Draft Disseminated to Trainers (and potentially other stakeholders)
4. Feedback Compiled and Reviewed
5. Final Draft Sent To Trainers
6. Review and Adoption by EMDRIA Board

Note: While development and approval of standards will be sequential, applications not be accepted or reviewed piecemeal. Our goal is to give you time to prepare a complete application for review. EMDRIA doesn't have the capacity do conduct partial reviews for each domain.

# Learner Assessment

1. Host Webinar/Town Hall Event (week of March 7)
2. Task Force Creates Draft of Standards for Feedback (March 19)
3. Draft Disseminated to Trainers (and potentially other stakeholders) (March 25)
4. Feedback Compiled and Reviewed (April 5)
5. Task Group revises/finalizes Report (April 12)
6. Final Draft Sent To Trainers (April 16)
7. Review and Adoption by EMDRIA Board

# Trainer Characteristics

1. Host Webinar/Town Hall Event (week of April 25)
2. Task Force Creates Draft of Standards for Feedback (May 14)
3. Draft Disseminated to Trainers (and potentially other stakeholders) (May 20)
4. Feedback Compiled and Reviewed (May 28)
5. Task Group revises/finalizes Report (June 5)
6. Final Draft Sent To Trainers (June 25)
7. Review and Adoption by EMDRIA Board



# Update on a Couple of Items

- Ratio—there has been some discussion of 1-9 vs. 1-10. Task Force is recommending to the Board a 1-10
- Limiting Size of Distance Education Trainings— recommendation to the Board is to limit the size of distance education trainings to 54

# Survey Responses re Assessment (62 Responses)

- Question 1: Please rank the following areas in order of importance for learner assessment:
  
- Top Tier
  - 8 Phases of EMDR
  - AIP Model
  - Neurobiology & Trauma

# Survey Responses re Assessment #2

- Question 2: What percentage of the assessment questions do you think should come from these areas:
- Second Tier
  - Cultural Competency
  - Research
  - Legal and Ethical Issues
- Third Tier
  - EMDR therapy vs other models
  - History

# What percentage of the assessment questions do you think should come from the following areas:

- 8 Phases 35%
- AIP Model 18%
- Neurobiology & Trauma 13%
- Cultural Humility/Competency 8%
- Research 8%
- Legal & Ethical Issues 6%
- EMDR vs. Other therapies 6%
- History 6%

# Items in Assessment

- Apologies—we didn't prepare you for that part of the survey in advance
- We will continue to accept recommended items through May 1 and you can submit to Sarah Tolino. The assessment will be changed periodically—perhaps annually, or when it is clear an item is deficient in some way
- Items must be objective—that is T/F or multiple choice
- Must be based on hard copy version of Shapiro text, and Go With That Magazine on racial justice and EMDR
- Assessment for 2022 will be final with the packet by July 1 for your submission to be an approved distance education provider

# Breakouts –slight change of plan

- Originally thought we would do more detailed “item writing.” Realized this is not a format conducive to that level of detail work...
- So, new questions that will help inform our process....

# Key questions for our breakouts on assessment:

- Could you describe how you are conducting the assessment (briefly)
- If you are doing a pre-assessment as well as a post assessment, how is that working? What do you see as advantages or challenges with it?
- How much assistance are you giving with the assessment answers and how long do people have to complete the assessment? What are the advantages and disadvantages you see?
- How do you manage someone who is unable to demonstrate mastery of the content or the practice? What policies should EMDRIA consider in this regard?



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