EMDR Meta-Analyses and Systematic Reviews

\*Note: Please be aware that this may not be an exhaustive list, email info@emdria.org with additions.

Adams, R., Ohlsen, S., & Wood, E. (2020). Eye movement desensitization and reprocessing (EMDR) for the treatment of psychosis: A systematic review. *European Journal of Psychotraumatology, 11*(1): 1711349. Open access: <https://doi.org/10.1080/20008198.2019.1711349> **(PSYCHOSIS)**

Adler-Tapia, R., & Settle, C. (2009). Evidence of the efficacy of EMDR with children and adolescents in individual psychotherapy:A review of the research published in peer-reviewed journals. *Journal of EMDR Practice and Research, 3(*4), 232-247. Open access:<https://doi.org/10.1891/1933-3196.3.4.232>  **(CHILDREN, ADOLESCENTS, PTSD)**

Alshahrani, K. M., Johnson, J., Prudenzi, A., & O’Connor, D. B. (2022). The effectiveness of psychological interventions for reducing PTSD and psychological distress in first responders: A systematic review and meta-analysis. *PLOS ONE, 17*(8): e0272732. Open Access: <https://doi.org/10.1371/journal.pone.0272732> **(FIRST RESPONDERS)**

Baas, M. A., van Pampus, M. G., Braam, L., Stramrood, C. A., & de Jongh, A. (2020). The effects of PTSD treatment during pregnancy: Systematic review and case study. *European Journal of Psychotraumatology, 11(*1), 1762310. Open access: <https://doi.org/10.1080/20008198.2020.1762310> **(PERINATAL ISSUES, PREGNANCY, PTSD)**

Bahji, A., Di Nota, P. M., Groll, D., Carleton, R. N., & Anderson, G. S. (2022). Psychological interventions for post-traumatic stress injuries among public safety personnel: A systematic review and meta-analysis. *BMC Systematic Review, 11*, 255. Open access: <https://doi.org/10.1186/s13643-022-02112-1> **(FIRST RESPONDERS)**

Balbo, M., Zaccagnino, M., Cussino, M., & Civilotti, C. (2017). Eye movement desensitization and reprocessing (EMDR) and eating disorders: A systematic review. *Clinical Neuropsychiatry, 14*(5), 321-329. Open access: <https://www.clinicalneuropsychiatry.org/clinical-neuropsychiatry-volume-14-issue-5-october-2017/> **(EATING DISORDERS)**

Balkin, R. S., Lenz, A. S., Russo, G. M., Powell, B. W., & Gregory, H. M. (2021). Effectiveness of EMDR for decreasing symptoms of over-arousal: A meta-analysis. *Journal of Counseling & Development, 100*(2), 115-122. <https://doi.org/10.1002/jcad.12418>

Barron, I., Bourgaize, C., Lempertz, D., Swinden, C., & Darker-Smith, S. (2019). Eye movement desensitization reprocessing for children with posttraumatic stress disorder: A systematic narrative review. *Journal of EMDR Practice and Research, 13(*4), 270-283. Open access: <http://dx.doi.org/10.1891/1933-3196.13.4.270> **(CHILDREN, ADOLESCENTS, PTSD)**

Bennet, R. S., Denne, M., McGuire, R., & Hiller, R. M. (2020). A systematic review of controlled trials for PTSD in maltreated children and adolescents. *Child Maltreatment 26*(3), 325-343. <https://doi.org/10.1177/1077559520961176> **(CHILDREN, ADOLESCENTS, PTSD)**

Bisson, J. I., Roberts, N. P., Andrew, M., Cooper, R., & Lewis, C. (2013). Psychological therapies for chronic post-traumatic stress disorder (PTSD) in adults. *Cochrane Database of Systematic Reviews, Issue 12,* Article no CD003388. doi:10.1002/14651858.CD003388.pub4. Retrieved from: <https://www.cochrane.org/CD003388/DEPRESSN_psychological-therapies-chronic-post-traumatic-stress-disorder-ptsd-adults> **(PTSD)**

Boccia, M., Piccardi, L., Cordellieri, P., Guariglia, C., & Giannini, A. M. (2015). EMDR therapy for PTSD after motor vehicle accidents: Meta-analytic evidence for specific treatment. *Frontiers in Human Neuroscience,* 00213. Open access: <https://doi.org/10.3389/fnhum.2015.00213> **(MOTOR VEHICLE ACCIDENTS, PTSD)**

Bogolyubova, O. & Lovakov, A. (2022). What do we know about EMDR therapy research? A bibliometric analysis. *Journal of EMDR Practice and Research, 16*(2), 76-91. <http://dx.doi.org/10.1891/EMDR-2021-0008>

Bradley, R., Greene, J., Russ, E., Dutra, L., & Westen, D. (2005). A multidimensional meta-analysis of psychotherapy for PTSD. *American Journal of Psychiatry, 162,* 214-227. Open access: <https://doi.org/10.1176/appi.ajp.162.2.214> **(PTSD)**

Byrne, G. (2020). A systematic review of treatment interventions for individuals with intellectual disability and trauma symptoms: A review of the recent literature. *Trauma, Violence, and Abuse,* *23*(2), 541-554. <https://doi.org/10.1177/1524838020960219> **(IDD)**

Carletto, S., Malandrone, F., Berchialla, P., Oliva, F., Colombi, N., Hase, M., Hofmann, A., & Ostacoli, L. (2021). Eye movement desensitization and reprocessing for depression: A systematic review and meta-analysis. *European Journal of Psychotraumatology, 12*, 1894736. Open access: <https://doi.org/10.1080/20008198.2021.1894736> **(DEPRESSION)**

Carletto, S., Ostacoli, L., Colombi, N., Calorio, L., Oliva, F., Fernandez, I., & Hofmann, A. (2017). EMDR for depression: A systematic review of controlled studies. *Clinical Neuropsychiatry, 14*(5), 306-312. Open access: <https://www.clinicalneuropsychiatry.org/clinical-neuropsychiatry-volume-14-issue-5-october-2017/> **(DEPRESSION)**

Castelli Gattinara, P., & Pallini, S. (2017). The use of EMDR with refugees and asylum seekers: A review of research studies. *Clinical Neuropsychiatry, 14*(5), 341-344. Open access: <https://www.clinicalneuropsychiatry.org/clinical-neuropsychiatry-volume-14-issue-5-october-2017/> **(REFUGEE)**

Chen, L., Zhang, G., Hu, M., & Liang, X. (2015). Eye movement desensitization and reprocessing versus cognitive-behavioral therapy for adult posttraumatic stress disorder: Systematic review and meta-analysis. The *Journal of Nervous and Mental Disease, 203*(5), 443-451. <http://doi.org/10.1097/NMD.0000000000000306> **(PTSD, CBT)**

Chen, R., Hung, K. W., Tsai, J. C., Chu, H., Chung, M. H., Chen, S. R., Liao, Y. M., Ou, K. L., Chang, Y. C., & Chou, K. R. (2014). Efficacy of eye-movement desensitization and reprocessing for patients with posttraumatic-stress disorder: A meta-analysis of randomized controlled trials. *PloS one, 9*(9), e103676. Open access: <https://doi.org/10.1371/journal.pone.0103676>. **(PTSD)**

Chen R., Gillespie A., Zhao Y., Xi Y., Ren Y., McLean L. (2018). The efficacy of eye movement desensitization and reprocessing in children and adults who have experienced complex childhood trauma: A systematic review of randomized controlled trials. *Frontiers in Psychology,* 9, 534. Open access: <https://doi.org/10.3389/fpsyg.2018.00534> **(CHILDREN, ADOLESCENTS, ADULTS, PTSD)**

Coventry, P. A., Meader, N., Melton, H., Temple, M., Dale, H., Wright, K., Cloitre, M., Karatzias, T., Bisson, J., Roberts, N. P., Brown, J. V. E., Barbui, C., Churchill, R., Lovell, K., McMillan, D., & Gilbody, S. (2020). Psychological and pharmacological interventions for posttraumatic stress disorder and comorbid mental health problems following complex traumatic events: Systematic review and component network meta-analysis. *PLOS Medicine, 1003262*. Open access: <https://doi.org/10.1371/journal.pmed.1003262> **(PTSD)**

Cuijpers, P., van Veen, S. C., Sijbrandij, M., Yoder, W., & Cristea, I. A. (2019). Eye movement desensitization and reprocessing for mental health problems: A systematic review and meta-analysis. *Cognitive Behaviour Therapy, 49*(3), 165-180*.* Open access: <https://doi.org/10.1080/16506073.2019.1703801> **(MENTAL HEALTH PROBLEMS)**

Davidson, P. R. & Parker, K. C. (2001). Eye movement desensitization and reprocessing (EMDR): A meta-analysis. *Journal of Consulting and Clinical Psychology*, 69, 305-316. [http://dx.doi.org/10.1037/0022-006X.69.2.305](https://psycnet.apa.org/doi/10.1037/0022-006X.69.2.305)

de Jongh, A., Resick, P. A., Zoellner, L. A., van Minnen, A., Lee, C. W., Monson, C. M., Foa, E. B., Wheeler, K., ten Broeke, E., Feeny, N., Rauch, S. A. M., Chard, K., Mueser, K. T., Sloan, D. M., van der Gaag, M., Rothbaum, B. O., Neuner, F., de Roos, C., Hehenkamp, L. M. J., Rosner, R., & Bicanic, I. A. E. (2016). Critical analysis of the current treatment guidelines for complex PTSD in adults. *Depression and Anxiety, 33*(5), 359-369. <https://doi.org/10.1002/da.22469> **(COMPLEX PTSD, ADULTS)**

Doherty, A., Benedetto, V., Harris, C., Boland, P., Christian, D. L., Hill, J., Bhutani, G., & Clegg, A. J. (2021). The effectiveness of psychological support interventions for those exposed to mass infectious disease outbreaks: A systematic review. *BMC Psychiatry, 21*, 592. Open access: <https://doi.org/10.1186/s12888-021-03602-7> **(MASS INFECTIOUS DISEASE)**

Dominguez, S. K., Matthijssen, S. J. M. A., & Lee, C. W. (2021). Trauma-focused treatments for depression. A systematic review and meta-analysis. *PLoS one, 16(*7), e0254778. Open access: <https://doi.org/10.1371/journal.pone.0254778>

Dorsey, S., McLaughlin, K. A., Kerns, S. U., Harrison, J. P., Lambert, H. K., Briggs, E. C., Cox, J. R., & Amaya-Jackson, L. (2017). Evidence base update for psychosocial treatments for children and adolescents exposed to traumatic events. *Journal of Clinical Child & Adolescent Psychology, 46*(3), 303-330. <https://doi.org/10.1080/15374416.2016.1220309>

Ehring, T., Welboren, R., Morina, N., Wicherts, J. M., Freitag, J., & Emmelkamp, P. M. G. (2014). Meta-analysis of psychological treatments for posttraumatic stress disorder in adult survivors of childhood abuse. *Clinical Psychology Review, 34*(8), 645-657. <https://doi.org/10.1016/j.cpr.2014.10.004>

Faretta, E., & Leeds, A. (2017). EMDR therapy of panic disorder and agoraphobia: A review of the existing literature. *Clinical Neuropsychiatry, 14*(5), 330-340. Open access: <https://www.clinicalneuropsychiatry.org/clinical-neuropsychiatry-volume-14-issue-5-october-2017/> **(PHOBIA, PANIC DISORDER)**

Gillies, D., Maiocchi, L., Bhandari, A P., Taylor, F., Gray, C., & O’Brien, L. (2016). Psychological therapies for children and adolescents exposed to trauma. *Cochrane Database of Systematic Reviews, 10, CD012371.* Open access: <https://doi.org/10.1002/14651858.CD012371> **(CHILDREN, ADOLESCENTS, PTSD)**

Gillies, D., Taylor, F., Gray, C., O’Brien, L., & D’Abrew, N. (2013). Psychological therapies for the treatment of post-traumatic stress disorder in children and adolescents (Review). *Evidence-Based Child Health: A Cochrane Review Journal, 8(*3), 1004-1116. <https://doi.org/10.1002/ebch.1916> **(CHILDREN, ADOLESCENTS, PTSD)**

Grau, P. P., Kusch, M. M., Williams, M. T., Loyo, K. T., Zhang, X., Warner, R. C., & Wetterneck, C. T. (2021). A review of the inclusion of ethnoracial groups in empirically supported posttraumatic stress disorder treatment research. *Psychological Trauma: Theory, Research, Practice, and Policy*. [https://doi.org/10.1037/tra0001108](https://doi.apa.org/doi/10.1037/tra0001108) **(MULTICULTURAL, PTSD)**

Greenwald, R. (1994). Eye movement desensitization and reprocessing (EMDR): An overview. *Journal of Contemporary Psychotherapy, 24*(1), 15-34. [https://doi.org/10.1007/BF02306581](https://psycnet.apa.org/doi/10.1007/BF02306581)

Greyber, L., Dulmus, C., & Cristalli, M. (2012). Eye movement desensitization reprocessing, post traumatic stress disorder, and trauma: A review of randomized controlled trials with children and adolescents. *Child and Adolescent Social Work Journal, 29*(5), 409-425. <https://doi.org/10.1007/s10560-012-0266-0> **(CHILDREN, ADOLESCENTS, PTSD)**

Grubaugh, A. L., Brown, W. J., Wojtalik, J. A., Myers, U. S., & Mack, S. M. (2021). Meta-analysis of the treatment of posttraumatic stress disorder in adults with comorbid severe mental illness. *The Journal of Clinical Psychiatry*, *82*(3), 20r13584. Open access: <https://doi.org/10.4088/jcp.20r13584> **(PTSD)**

Haerizadeh, M., Sumner, J. A., Birk, J. L., Gonzalez, C., Heyman-Kantor, R., Falzon, L., Gershengoren, L., Shapiro, P., & Kronish, I. M. (2019). Interventions for posttraumatic stress disorder symptoms induced by medical events: A systematic review. *Journal of Psychosomatic Research, 129*(1), 109908. <https://doi.org/10.1016/j.jpsychores.2019.109908> **(MEDICAL EVENTS, PTSD)**

Han, H-R., Miller, H. N., Nkimbeng, M., Budhathoki, C., Mikhael, T., Rivers, E., Gray, J., Trimble, K., Chow, S., & Wilson, P. (2021). Trauma informed interventions: A systematic review. *PLOS One, 16*(6), e0252747. <https://doi.org/10.1371/journal.pone.0252747> **(TRAUMA-INFORMED INTERVENTIONS)**

Ho, M. S. K., & Lee, C. W. (2012). Cognitive behaviour therapy versus eye movement desensitization and reprocessing for post-traumatic disorder – Is it all in the homework then? *European Review of Applied Psychology/Revue Europeenne de Psychologie Appliquee, 62*(4), 253-260. <https://doi.org/10.1016/j.erap.2012.08.001>

Hoeboer, C. M., De Kleine, R. A., Molendijk, M. L., Schoorl, M., Oprel, D. A. C., Mouthaan, J., Van der Does, W., & Van Minnen, A. (2020). Impact of dissociation on the effectiveness of psychotherapy for post-traumatic stress disorder: meta-analysis. British Journal of Psychotherapy Open, 6(3), E53. Open access: <https://doi.org/10.1192/bjo.2020.30> **(PTSD, DISSOCIATION)**

Hoffman, V., Middleton, J. C., Feltner, C., Gaynes, B. N., Weber, R. P., Bann, C., Viswanathan, M., Lohr, K. N., Phil, M., M. A., Baker, C., & Green, J. (2018). *Psychological and pharmacological treatments for adults with posttraumatic stress disorder: A systematic review update.* Comparative Effectiveness Review, Number 207. (Prepared by the RTI International-University of North Carolina at Chapel Hill Evidence—based Practice Center under Contract NO. 290-2015-00011-I for AHRQ and PCORI). AHRQ Publication No. 18-EHC011-EF. PCORE Publication No. 2018-SR-01. Rockville, MD: Agency for Healthcare Research and Quality. Open access: <https://doi.org/10.23970/AHRQEPCCER207> **(PTSD)**

Hoogsteder, L. M., ten Thije, L., Schippers, E. E., & Stams, G. J. J. M. (2021). A meta-analysis of the effectiveness of EMDR and TF-BT in reducing trauma symptoms and externalizing behavior problems in adolescents. *International Journal of Offender therapy and Comparative Criminology, 66(*6-7), 735-757*.* <https://doi.org/10.1177/0306624X211010290>

Houben, S. T. L., Otgaar, H., Roelofs, J., Merckelbach, H., & Muris, P. (2020). The effects of eye movements and alternative dual tasks on the vividness and emotionality of negative autobiographical memories: A meta-analysis of laboratory studies. *Journal of Experimental Psychopathology, 11*(1), 204380872090774. Open access: <https://doi.org/10.1177/2043808720907744>

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John-Baptiste Bastien, R., Jongsma, H. E., Kabadayi, M., & Billings, J. (2020). The effectiveness of psychological interventions for post-traumatic stress disorder in children, adolescents, and young adults: A systematic review and meta-analysis. *Psychological Medicine, 50*(10), 1598-1612*.* [https://doi.org/10.1017/S, 500033291720002007](https://doi.org/10.1017/S%2C%20500033291720002007) **(CHILDREN, ADOLESCENTS, PTSD)**

Kaptan, S. K., Dursun, B. O., Knowles, M., Husain, N., & Varese, F. (2021). Group EMDR interventions in adults and children: A systematic review of randomised and non-randomised trials. *Clinical Psychology & Psychotherapy, 28*(4), 784-806. <https://doi.org/10.1002/cpp.2549> **(GROUP EMDR, ADULTS, CHILDREN)**

Karatzias, T., Murphy, P., Cloitre, M., Bisson, J., Roberts, N., Shevlin, M., Hyland, P., Maercker, A., Ben-Ezra, M., Coventry, P., Mason-Roberts, S., Bradley, A., & Hutton, P. (2019). Psychological interventions for ICD-11 complex PTSD symptoms: Systematic review and meta-analysis. *Psychological Medicine, 49*(11), 1761-1775.  <https://doi.org/10.1017/S0033291719000436> **(COMPLEX PTSD)**

Khan, A. M., Dar, S., Ahmed, R., Bachu, R., Adnan, M., & Kotapati, V. P. (2018). Cognitive behavioral therapy versus eye movement desensitization and reprocessing in patients with post-traumatic stress disorder: Systematic review and meta-analysis of randomized clinical trials. *Cureus, 10*(9). Open access: <http://dx.doi.org/10.7759/cureus.3250> **(PTSD)**

Kip, A., Priebe, S., Holling, H., & Morina, N. (2020). Psychological interventions for posttraumatic stress disorder and depression in refugees: A meta-analysis of randomized controlled trials. *Clinical Psychology & Psychotherapy,* 1-15. Open access: <https://doi.org/10.1002/cpp.2446> **(PTSD, REFUGEES)**

Kitchiner, N. J., Lewis, C., Roberts, N. P., & Bisson, J. I. (2019). Active duty and ex-serving military personnel with post-traumatic stress disorder treated with psychological therapies: Systematic review and meta-analysis. *European Journal of Psychotraumatology, 10*(1):1684226. Open access: <https://doi.org/10.1080/20008198.2019.1684226> **(PTSD, MILITARY)**

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Lewis, C., Roberts, N. P., Andrew, M., Starling, E., & Bisson, J. I. (2020). Psychological therapies for post-traumatic stress disorder in adults: Systematic review and meta-analysis. *European Journal of Psychotraumatology, 11*, 1729633. Open access: <https://doi.org/10.1080/20008198.2020.1729633> **(PTSD)**

Lewis, C., Roberts, N. P., Gibson, S., & Bisson, J. I. (2020). Dropout from psychological therapies for post-traumatic stress disorder (PTSD) in adults: Systematic review and meta-analysis. European *Journal of Psychotraumatology, 11*(1)*,* 1709709. Open access: <https://doi.org/10.1080/20008198.2019.1709709> **(PTSD)**

Lewey, J. H., Smith, C. L., Burcham, B., Saunders, N. L., Elfallal, D., & O’Toole, S. K. (2018). Comparing the effectiveness of EMDR and TF-CBT for children and adolescents: A meta-analysis. *Journal of Child & Adolescent Trauma, 11*(4), 457-472. <https://doi.org/10.1007/s40653-018-0212-1> **(CHILDREN, ADOLECENT)**

Loewenthal, K. M. (2022). Religious change and post-traumatic growth following EMDR trauma therapy. *Mental Health, Religion & Culture, 25*(3), 380-387. <https://doi.org/10.1080/13674676.2021.2016668> **(POST TRAUMATIC GROWTH)**

Lohr, J. M., Kleinknecht, R. A., Tolin, D. F., & Barrett, R. H. (1995). The empirical status of the clinical application of eye movement desensitization and reprocessing. *Journal of Behavior Therapy and Experimental Psychiatry, 26*(4), 285-302. [https://doi.org/10.1016/0005-7916(95)00041-0](https://doi.org/10.1016/0005-7916%2895%2900041-0)

Luyten, T. R., van Rompaey, V., van de Heyning, P., van Looveren, N., Jacquemin, L., Cardon, E., Declau, F., Fransen, E., de Bodt, M., & Gilles, A. (2020). EMDR in the treatment of chronic subjective tinnitus: A systematic review. *Journal of EMDR Practice and Research, 14(*3). Open access: <http://dx.doi.org/10.1891/EMDR-D-20-00005> **(TINNITUS)**

Macgowan, M. J., Naseh, M., & Rafieifar, M. (2022). Eye movement and reprocessing to reduce post-traumatic stress disorder and related symptoms among forcibly displaced people: A systematic review and meta-analysis. *Research on Social Work Practice, 32*(8), 863-877. [https://doi.org/10.1177%2F10497315221082223](https://doi.org/10.1177/10497315221082223) **(PTSD, REFUGEE)**

Maddock, A., Blair, C., Ean, N., & Best, P. (2021). Psychological and social interventions for mental health issues and disorders in Southeast Asia: A systematic review. *International Journal of Mental Health Systems, 15*, 56. Open access: <https://doi.org/10.1186/s13033-021-00482-y> **(MENTAL HEALTH ISSUES)**

Maglione, M. A., Chen, C., Bialas, A., Motala, A., Chang, J., Akinniranye, O., & Hempel, S. (2021). Combat and operational stress control interventions and PTSD: A systematic review and meta-analysis. *Military Medicine,* usab310. <https://doi.org/10.1093/milmed/usab310> **(PTSD, MILITARY)**

Malejko, K., Abler, B., Plener, P., & Straub, J. (2017). Neural correlates of psychotherapeutic treatment of PTSD: A systematic literature review. *Frontiers in Psychiatry, 8,* 85. Open access: <https://doi.org/10.3389/fpsyt.2017.00085> **(PTSD, NEUROBIOLOGY)**

Malik, N., Facer-Irwin, E., Dickson, H., Bird, A., & MacManus, D. (2021). The effectiveness of trauma-focused interventions in prison settings: A systematic review and meta-analysis. *Trauma, Violence, and Abuse*. OnlineFirst. <https://doi.org/10.1177/15248380211043890> **(PRISON)**

Manthey, A., Sierk, A., Brakemeier, E-L., Walter, H., & Daniels, J. K. (2021). Does trauma-focused psychotherapy change the brain? A systematic review of neural correlates of therapeutic gains in PTSD. *European Journal of Psychotraumatology, 12*(1), 1929025. Open access: <https://doi.org/10.1080/20008198.2021.1929025> **(PTSD, NEUROBIOLOGY)**

Manzoni, M., Fernandez, I., Bertella, S., Tizzoni, F., Gazzola, E., Molteni, M., & Nobile, M. (2021). Eye movement desensitization and reprocessing: The state of the art of efficacy in children and adolescent with post-traumatic stress disorder*. Journal of Affective Disorders, 282*(1), 340-347. Open access: <https://doi.org/10.1016/j.jad.2020.12.088> **(CHILDREN, PTSD)**

Mavranezouli, I., Megnin-Viggars, O., Daly, C., Dias, S., Welton, N. J., Stockton, S., Bhutani, G., Grey, N., Leach, J., Greenberg, N., Katona, C., El-Leithy, S., & Pilling, S. (2020). Psychological treatments for post-traumatic stress disorder in adults: A network meta-analysis. *Psychological Medicine, 50*(4), 542-555*.* <https://doi.org/10.1017/S0033291720000070> **(PTSD)**

Maxfield, L., & Hyer, L. A. (2002). The relationship between efficacy and methodology in studies investigating EMDR treatment of PTSD. *Journal of Clinical Psychology, 58,* 23-41. <https://doi.org/10.1002/jclp.1127> **(PTSD)**

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Michael, T., Schanz, C. G., Mattheus, H. K., Issler, T., Frommberger, Y., Kollner, V., & Equit M. (2019). Do adjuvant interventions improve treatment outcome in adult patients with posttraumatic stress disorder receiving trauma-focused psychotherapy? A systematic review. *European Journal of Psyschotraumatology, 10*(1): 1634938. Open access: <https://doi.org/10.1080/20008198.2019.1634938> **(ADJUNCT EMDR, PTSD)**

Moreno-Alcázar, A., Treen, D., Valiente-Gómez, A., Sio-Eroles, A., Pérez, V., Amann, B. L., & Radua, J. (2017). Efficacy of eye movement desensitization and reprocessing in children and adolescent with post-traumatic stress disorder: A meta-analysis of randomized controlled trials. *Frontiers in Psychology* 8:1750. Open access: <https://doi.org/10.3389/fpsyg.2017.01750> **(CHILDREN, ADOLESCENT, PTSD)**

Morris, H., Hatzikiriakidis, K., Savaglio, M., Dwyer, J., Lewis, C., Miller, R., & Skouteris, H. (2022). Eye movement desensitization and reprocessing for the treatment and early intervention of trauma among first responders: A systematic review. *Journal of Traumatic Stress, 35*(3), 778-790. <https://doi.org/10.1002/jts.22792> **(FIRST RESPONDERS)**

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**Dissertations:**

Hammond, M. (2022). *Client and clinician experiences of eye movement desensitization and reprocessing (EMDR) therapy.* [DClinPsych Theses, University College Cork]. Open access: <https://creativecommons.org/licenses/by-nc-nd/4.0/>