

**EMDR Early Intervention (EEI) Resources**

**Listed below:**

* **EEI Individual Interventions**
* **EEI and Crisis Response Researcher’s Toolkit**
* **EMDR Therapy Early Intervention Research**

**EEI Individual Interventions**

**EEI INDIVIDUAL INTERVENTIONS**

* ASSYST©: Acute Stress Syndrome Stabilization
* EMDR-RE: EMD Procedure and Recent Events Protocol
* ISP© is Immediate Stabilization Procedure
* PRECI©: Protocol for Critical Incidents and Ongoing Traumatic Stress
* R-TEP©: Recent Traumatic Events Protocol
* URG-EMDR: URGent EMDR Treatment Protocol

**EEI and Crisis Response Researcher’s Toolkit**

**EEI and CRISIS RESPONSE RESEARCHER’S TOOLKIT**

Thomas, R., (2014, 2018). *EMDR Early Intervention and Crisis Response: Researcher’s Toolkit.* EMDR Research Foundation. Retrieved from: <https://emdrfoundation.org/resources/toolkit/>

**EMDR Therapy Early** **Intervention Research**

**Peer-Reviewed Articles:**

Acarturk, C., Konuk, E., Cetinkaya, M., Senay, I., Sijbrandij, M., Cuijpers, P., & Aker, T. (2015). EMDR for Syrian refugees with posttraumatic stress disorder symptoms: Results of a pilot randomized controlled trial. *European Journal of Psychotraumatology, 6*:27414. Open access: <https://doi.org/10.3402/ejpt.v6.27414>

Acarturk, C., Konuk, E., Cetinkaya, M., Senay, I., Sijbrandij, M., Gulen, B., & Cuijpers, P. (2016). The efficacy of eye movement desensitization and reprocessing for posttraumatic stress disorder and depression among Syrian refugees: Results of a randomized controlled trial. *Psychological Medicine, 46*(12), 2583-2593.  <https://doi.org/10.1017/S0033291716001070>

Bozkurt Bayhan, B., Tarquinio, C., Rydberg, J., & Korkmazlar, U. (2021). The study of the group intervention containing EMDR therapy for children and mothers in the field of trauma after a mine explosion in Turkey. European Journal of Trauma & Dissociation, 100248. <https://doi.org/10.1016/j.ejtd.2021.100248>

Brennstuhl, M. J., Tarquinio, C., Strub, L., Montel, S., Rydberg, J. A., & Kapoula. Z. (2013). Benefits of immediate EMDR vs. eclectic therapy intervention for victims of physical violence and accidents at the workplace: a pilot study.  *Issues in Mental Health Nursing, 34*(6), 425-434. <https://doi.org/10.3109/01612840.2012.759633>

Brennstuhl, M. J., Bassan, F., Fayard, A.-M., Fisselbrand, M., Guth, A., Hassler, M., Lebourg, K., Pavisse, R., Peter, L., Thiriet, A., Tarquinio, P., Rydberg, J. A., & Tarquinio, C. (2019). Immediate treatment following the November 13 attacks: Use of an EMDR emergency protocol. *European Journal of Trauma & Dissociation, 3*(1), 17-21. Open access: <http://dx.doi.org/10.1016/j.ejtd.2018.09.004>

Buydens, S. L., Wilensky, M., & Hensley, B. J. (2014). Effects of the EMDR protocol for recent traumatic events on acute stress disorder: A case series.*Journal of EMDR Practice and Research, 8*(1), 2-12. Open access: <https://doi.org/10.1891/1933-3196.8.1.2>

Clarke, R. (2022). The EMDR recent traumatic episode protocol with an intensive care survivor: A case study. *Journal of EMDR Practice and Research, 16*(2), 50-60. <http://dx.doi.org/10.1891/EMDR-2021-0028>

Colelli, G., & Patterson, B. (2008). Three case reports illustrating the use of the protocol for recent traumatic events following the World Trade Center terrorist attack. *Journal of EMDR Practice and Research, 2*(2), 114-123. Open access: <https://doi.org/10.1891/1933-3196.2.2.114>

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Covers, M. L. V., de Jongh, A., Huntjens, R. J. C., de Roos, C., van den Hout, M., & Bicanic, I. A. E. (2021). Early intervention with eye movement desensitization and reprocessing (EMDR) therapy to reduce the severity of post-traumatic stress symptoms in recent rape victims: A randomized controlled trial. *European Journal of Psychotraumatology, 12*(1). Open access: <https://doi.org/10.1080/20008198.2021.1943188>

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Egeci, I. S., & Ozgun, S. (2019). Randomized controlled trial: EMDR early intervention with and without eye movements for learned helplessness state. *Journal of EMDR Practice and Research, 13*(2), 90-99. <http://dx.doi.org/10.1891/1933-3196.13.2.90>

Encinas, M., Osorio, A., Jarero, I., & Givaudan, M. (2019). Randomized controlled clinical trial on the provision of the EMDR-PRECI to family caregivers of patients with autism spectrum disorder. *Psychology and Behavioral Science International Journal, 11*(1), 1-8. Open access: <http://dx.doi.org/10.19080/PBSIJ.2019.11.555802>

Estrada, B. D., Angulo, B. J., Navarro, M. E., Jarero, I., & Sanchez-Armass, O. (2019). PTSD, immunoglobulins, and cortisol changes after the provision of the EMDR – PRECI to females patients with cancer-related PTSD diagnosis. *American Journal of Applied Psychology, 8(*3), 64-71. Open access: <https://doi.org/10.11648/j.ajap.20190803.12>

Farrell, D., Moran, J., Zat, Z., Miller, P. W., Knibbs, L., Papanikolopoulos, P., Prattos, T., McGowna, I., McLaughlin, D., Barron, I., Matthes, C., & Kiernan, M. D. (2023). Group early intervention eye movement desensitization and reprocessing therapy as a video-conference psychotherapy with frontline/emergency workers in response to the COVID-19 pandemic in the treatment of post-traumatic stress disorder and moral injury – An RCT study. *Frontiers in Psychology, 14*. Open access: <https://doi.org/10.3389/fpsyg.2023.1129912>

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Ironson, G., Hylton, E., Gonzalez, B., Small, B., Freund, B., Gerstein, M., Thurston, F., & Bira, L. (2020). Effectiveness of three brief treatments for recent traumatic events in a low-SES community setting. *Psychological Trauma: Theory Research Practice Policy.* <https://doi.org/10.1037/tra0000594>

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Wesson, M., & Gould, M. (2009). [Intervening early with EMDR on military operations: A case study](http://scholar.google.com/scholar?cluster=3567640550219688408&hl=en&as_sdt=0,36). *Journal of EMDR Practice and Research, 3*(2), 91-97. Open access: <https://doi.org/10.1891/1933-3196.3.2.91> -CASE STUDY

Yurtsever, A., Bakalim, O., Karaman, S., Kaya, S., & Konuk, E. (2022). The effect of the online eye movement desensitization and reprocessing early intervention protocol (EMDR R-TEP) for the risk groups with post-traumatic stress symptoms during the COVID-19 pandemic. *Frontiers in Psychology,* 935782. Open access: <https://doi.org/10.3389/fpsyg.2022.935782>

**Books/Chapters:**

Artigas, L., & Jarero, I. (2014). The butterfly hug. In M. Luber (Ed.), *Implementing EMDR early mental health interventions for man-made and natural disasters: Models, scripted protocols and summary sheets*. (pp. 127-130). New York, NY: Springer Publishing Company.

Jarero, I., & Uribe, S. (2014). Worst case scenarios in recent trauma response. In M. Luber (Ed.), *Implementing EMDR early mental health interventions for man-made and natural disasters:* *Models, scripted protocols and summary sheets*. New York, NY: Springer Publishing Company.

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* ***Note: this volume includes many EEI Individual and EEI Group Protocols***

Shapiro, E., & Laub, B. (2014). The recent traumatic episode protocol (R-TEP): An integrative protocol for early EMDR intervention (EEI). In M. Luber (Ed.), *Implementing EMDR early mental health interventions for man-made and natural disasters: Models, scripted protocols and summary sheets* (pp. 193-207). New York, NY: Springer Publishing.

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**Other Resources:**

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Jarero, I. & Artigas, L. (2018). AIP model-based Acute Trauma and Ongoing Traumatic Stress Theoretical Conceptualization. *Iberoamerican Journal of Psychotrauma and Dissociation (Revista Iberoamericana de Psicotramatología y Disociación). 10* (1), ISSN: 2007-8544. Retrieved from: <https://www.revibapst.com/volumen-10-numero-1-2018-2019>

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Laub, B., & Mintz Malchi, K. (2020). The EMDR abbreviated recent-traumatic episode protocol (R-TEP) (The “Sandwich Protocol”). In M. Luber (Ed.), *EMDR resources in the era of COVID-10.* Open access: <https://www.emdria.org/wp-content/uploads/2020/06/EMDR-Resources-For-Covid.pdf>

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Morrow Robinson, R. (2018). Five EMDR intervention communities illuminate the significance of community: Response networks and the necessary components within. *Go With That, 23*(3), 10-11. EMDRIA Member Access: <https://www.emdria.org/page/publications>

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Rosenblum, R. E. (2018). Social change, little “D” disasters and why EEI protocols are essential to everyone’s practice. *Go With That, 23*(3), 19. EMDRIA Member Access: <https://www.emdria.org/page/publications>