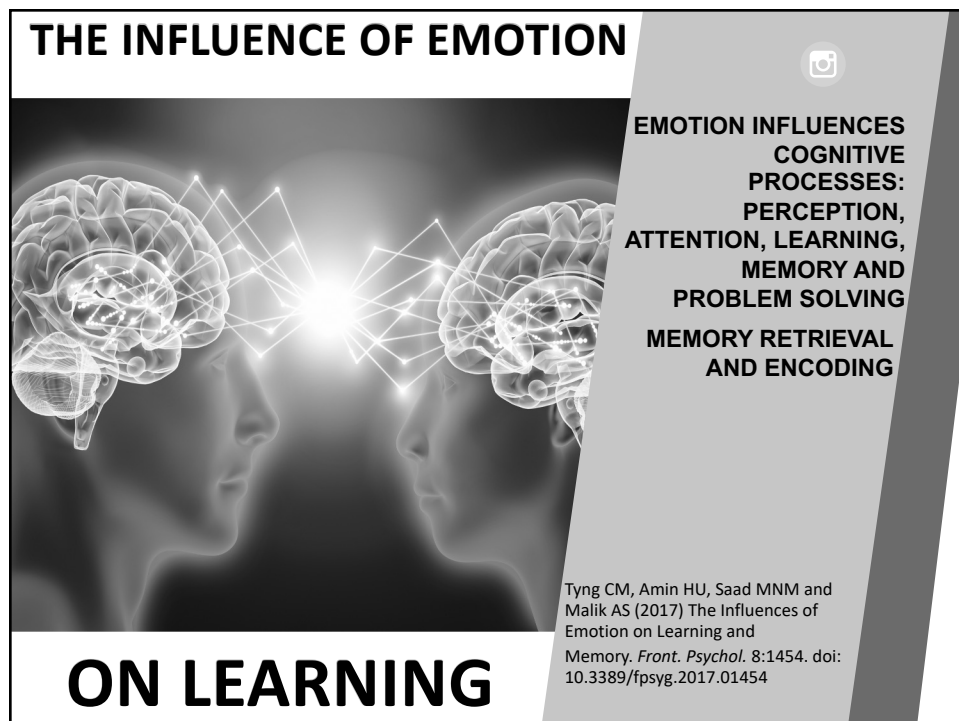
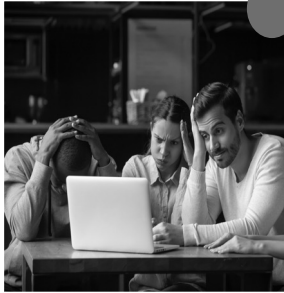


1



2

TRAINING COMPONENTS THAT MAKE CONTACT WITH THE PARTICIPANT'S NERVOUS SYSTEM



**RELATIONAL
MILIEU**



TRAINING MATERIALS
(MANUAL, HANDOUTS,
VIDEOS)



**INFORMATION
DELIVERY**


3

SAFETY IS DEFINED & CO-CONSTRUCTED, MOMENT TO MOMENT





LEARNING TAKES PLACE WITHIN A
SAFE RELATIONAL ENVIRONMENT


4




BIDIRECTIONAL LINK BETWEEN THE VISCERA AND BRAIN
COGNITIONS INFLUENCE PHYSIOLOGY
PHYSIOLOGY INFLUENCES COGNITIONS





CO-REGULATION IN THE CLASSROOM



MOVING THROUGH MULTIPLE AFFECTIVE AND PHYSIOLOGICAL STATES WHILE MAINTAINING VAGAL ENGAGEMENT
Porges (2017)






**WE ARE:
TEACHERS
COMPANIONS &
BIO-EMOTIONAL CO-
REGULATORS**

5

- LEARNING STYLE
- NEURODIVERSITY
- INFORMATION ORGANIZATION AND DELIVERY



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