

# IN-PERSON TRAINER DAY 2023 AUGUST 24TH, 2023 Panelists Bios

#### Making EMDR Training an Inclusive and Inviting Learning Experience

### **Deany Laliotis, LICSW**

Deany Laliotis is an internationally recognized trainer, consultant, and psychotherapist who teaches EMDR therapy using a relational approach to treating complex trauma. As the Founder and Director of The Center for Excellence in EMDR Therapy, Deany offers a continuum of trainings from the basic through master courses in Relational EMDR Therapy<sup>™</sup>. Deany was awarded the Francine Shapiro Award for Outstanding Service and Clinical Excellence by the EMDR International Association in 2015. She has authored and co-authored several book chapters and articles on EMDR and is currently writing a book on Relational EMDR<sup>™</sup>. She lives in Washington, DC with her husband and fellow EMDR trainer, Daniel Merlis.

### Ana Gomez, MC, LPC

Ana M Gómez, MC, LPC is the founder and director of the AGATE Institute in Phoenix, Arizona. She is a psychotherapist, author, and an international speaker on the use of EMDR therapy with children and adolescents with complex and developmental trauma as well as generational wounds and dissociation. Ana is the author of EMDR Therapy and Adjunct Approaches with Children: Complex Trauma, Attachment and Dissociation and several book chapters and articles on the use of EMDR therapy with children and adolescents. In addition, she is the author of multiple children's books. Ana has developed numerous intensive training programs and protocols. She is a fellow of the International Society of Trauma and Dissociation, ISTD.

# Lisa Hayes, MSW, LISW-S

Lisa Hayes, MSW, LISW-S (she/her) is a Clinical Social Worker based in Columbus, OH. Lisa is a co-founder of The Ohio Institute for Trauma and Wellness, she is also the Director of the EMDR Therapy Training for BIPOC Clinicians program and Affiliate Faculty member with the Institute for Creative Mindfulness. Lisa is an EMDRIA approved trainer, consultant, certified EMDR Therapy provider and a member of the EMDRIA Training Council. Lisa has provided local and national trainings focused on the impacts of trauma and its effects on individuals, communities, and families.

#### **Dilemmas and Challenges for EMDR Trainers**

### Roshni Chabra, LMFT

Roshni Chabra, LMFT is as an Indian Lesbian Intersectional Feminist Therapist and is the Founder and President of the Lavender Healing Collective. Roshni is also Co-Owner, Chief

Clinical Officer, and MET(T)A (Mindfulness and EMDR Treatment Template for Agencies) Protocol Agency Director at StartAgain Associates. Roshni has a bachelor's degrees in Women's Studies and Psychology and a master's in Feminist Clinical Psychology. She is an EMDRIA Certified Therapist, Approved Consultant and Adjunct Faculty at the Institute for Creative Mindfulness. Roshni has over 20 years in mental health specializing in BIPoC LGBTQ+ mental health, neurodiversity, sexual violence and chronic pain/illness.

### Rebecca Kase, LCSW, RYT

Rebecca Kase is an LCSW, registered yoga instructor, and EMDR consultant and trainer. She is the owner of Kase & CO Training and Consulting, and the author of Polyvagal informed EMDR: A neuro-informed approach to healing. She is an avid yogi and a well-known trauma expert.

Rebecca believes that the key to successful therapy and learning is embodied presence. She strives to create engaging, safe, shame-free spaces for learning where therapists can explore, play, and be curious. She specializes in complex trauma, mind-body techniques, and Polyvagal Theory.

# Claire Mauer, M.A., LMHC, NCC

Claire Mauer, M.A., LMHC, NCC is an EMDRIA-Approved Trainer and Consultant, as well as a Mindfulness Based Stress Reduction teacher. She trained and facilitated for Trauma Recovery/HAP and with the EMDR Institute prior to co-founding Connect Training + Consulting with Reg Morrow Robinson in 2017. An EMDRIA member since 2010, Claire has served on EMDRIA's Standards and Training Committee and as an EMDRIA Conference Proposal Reviewer. She facilitates an Orlando-based monthly EMDR Study Group.

In her therapy practice, Claire works with a range of client issues, including PTSD, complex trauma, and anxiety disorders, using EMDR Therapy and mindfulness as part of an integrative, trauma-informed, approach.