

**VIRTUAL TRAINER DAY 2023**  
**EMDRIA – OCTOBER 27**  
BIOS

**Roshni Chabra, LMFT**

Roshni Chabra, LMFT identifies as an Indian Lesbian Intersectional Feminist Therapist and is the Founder and President of the Lavender Healing Collective. Roshni is also Co-Owner, Chief Clinical Officer, and MET(T)A (Mindfulness and EMDR Treatment Template for Agencies) Protocol Agency Director at StartAgain Associates. Roshni has a bachelor's degrees in Women's Studies and Psychology and a master's in Feminist Clinical Psychology. She is an EMDRIA Certified Therapist, Approved Consultant and Adjunct Faculty at the Institute for Creative Mindfulness. Roshni has over 20 years in mental health specializing in BIPOC LGBTQ+ mental health, neurodiversity, sexual violence and chronic pain/illness.

**Stephen Dansiger, Psy.D., MFT**

Stephen Dansiger, Psy.D., MFT, is the creator and founder of the MET(T)A Protocol (Mindfulness and EMDR Treatment Template for Agencies), which utilizes Buddhist psychology and EMDR therapy to create an agency's primary clinical practice system. He is an EMDRIA Approved Consultant and Certified Therapist who provides EMDR Training and Advanced Topic workshops as Senior Faculty for The Institute for Creative Mindfulness. He is the co-author (with Jamie Marich) of EMDR Therapy and Mindfulness for Trauma-Focused Care and Healing Addiction with EMDR therapy: A Trauma-Focused Guide. In addition to maintaining a private practice in Los Angeles, he presents and teaches internationally.

**Carlton Green, Ph. D.**

Dr. Carlton Green has worked alongside Dr. Jernigan-Noesi and Jernigan and Associates, Inc. for more than a decade. He brings a wealth of knowledge and expertise regarding the identification of day-to-day, as well as institutional practices, that may serve to uphold experiences of interpersonal oppression. Dr. Green is a facilitator and trainer with specific expertise in Sexual Orientation and Gender Diversity. Dr. Green is the former Director of Diversity Training & Education in the Office of Diversity & Inclusion at the University of Maryland – College Park. As a former administrator, he frequently collaborates within academic institutions to assess and identify how race and culture may be influencing person-level interactions (e.g., advisor-advisee/mentor-mentee/supervisor-employee relationships), as well as organization-wide outcomes (e.g., underrepresentation of racially and ethnically diverse trainees). Dr. Green has provided various co-curricular units with guidance pertinent to addressing issues related to diversity and inclusion and supporting those who are underrepresented and marginalized within the system. He has also facilitated process groups for employees on identifying how oppressive institutional climates negatively affect inclusion. In his consulting work, Dr. Green has primarily focused on bringing attention to how power and oppression continuously marginalize non-White people in LGBTQIA+ communities. He has co-chaired workshops and led task forces for professional associations on dismantling racism, which resulted in the formation

of the Leadership, Equity, and Diversity (LEAD) Working Group. His leadership led to the adaptation policies to further enhance the racial and gender identity equity in the leadership structure of professional associations.

### **Tamra Hughes, MA, LPC**

Tamra Hughes, MA, LPC is a Licensed Professional Counselor, EMDRIA Approved Trainer and Consultant and founder of EMDR Center of the Rockies where she has been teaching EMDR Basic Trainings and Advanced Trainings for over a decade. Throughout her career she has been actively involved in EMDR International Association, serving on the Board of Directors, the Standards and Training Committee and the Virtual EMDR Therapy Task group. She runs a group private practice, Greenwood Counseling Center, in the suburbs of Denver, Colorado where she specializes in work with trauma and complex trauma, anxiety, stress and grief. She loves all aspects of her career, but finds particular joy in teaching and mentoring new clinicians and providing consultation regarding EMDR therapy cases. Tamra is committed to growing and empowering clinicians in the field of EMDR, helping them to integrate the therapy into their practice in a way that is meaningful and creative while maintaining integrity to the EMDR therapy model.

### **Sharon Rollins, MS-LPC-S, NCC**

Sharon Rollins directs Waco Family Medicine Counseling where she provides EMDR therapy to underserved populations. She completed Dr. Shapiro's 2000 EMDR basic training, Certification (2002), and Approved Consultant (2004). She trains with Rick Levinson and teaches EMDR therapy at Baylor University. She served EMDRIA as Heart of Texas Regional Coordinator and Standards & Training Committee volunteer. She served two EMDRIA Board terms (2007-2010, President 2009, 2018-2020). As Co-chair (2019)/Chair (2020) of the Virtual Training and Therapy Task Force, she helped develop Virtual EMDR Therapy Guidelines and Virtual Training Standards. She was awarded Outstanding Contribution and Service to EMDRIA in 2015.

### **Viviana Triana, LCSW-S**

Viviana Triana is a Licensed Clinical Social Worker Supervisor, an EMDR Certified Therapist, Approved Consultant and Trainer. Viviana was born in Colombia, South America and considers herself bilingual and bicultural. Viviana has worked as a therapist with children, teens, adults, and families who have experienced complex trauma in settings such as rape crisis, youth homeless and domestic violence shelters. Viviana has been published in professional journals in addition to contributing to the Cultural Competence and Healing Culturally Based Trauma with EMDR Therapy – 2nd Edition book and EMDR with Children in the Play Therapy Room: An Integrated Approach. Viviana is also an advanced EMDR training provider on the EMDR therapy protocols for Early Intervention & Ongoing Traumatic Stress. Currently she works at the Senior Programs Director for Youth180 an organization that provides Mental Health and Substance Misuse support for youth and their families.