

EMDRIA CERTIFICATION REQUIREMENTS 2024

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I am happy to support your professional growth as you work towards EMDRIA EMDR Therapist credential. Please know this is a collaborative process and we will be working closely to ensure you hold fidelity to the EMDR model.

To start, please go to the EMDRIA website and see if you qualify and apply <https://www.emdria.org/page/21>

For my part of your certification letter, you need 20 hours of consultation beyond your 10 hours of basic training consultation. Here are some things to keep in mind as you begin.

1. I am an EMDRIA Approved Consultant. I use Simple Practice for my notes and your consultations. If you do not already have a portal, I will send you a link to where you will find both the individual and group consultation agreements. Please sign the individual and group consultation agreements in your Simple Practice Portal before you start your certification process..
2. To sign up for group consultation, you need to go to my website, www.celiagrand.com, and sign up for the “Advanced EMDR Consultation” group. The group fee is \$100 per 2 hours.
3. Please keep track of your certification hours in both your group and/or individual consultations with me or with other consultants you may have worked with. If you work with a different consultant, you will need to get a letter from them.
4. If you choose to apply 10 of the 20 hours of consultation in the advanced EMDR group, you will present a "client" from your caseload (45 min) and we will “deep dive” into that case to understand how you conceptualize and integrate EMDR with clients. You must fill out the EMDR case presentation form and submit it at least 1 week before you present. Please make sure you give very limited identifying data about your client since it will be shared with clinicians in the group you are presenting to.
5. The last 10 hours are specific to you demonstrating adherence to the standard protocol. You must demonstrate a live demo with a "client". I will

pair you with a "client" who is also going for certification. You are demonstrating the procedural steps of EMDR standard protocol.

6. I use ZOOM for your demo and I will send you the link. If you have a different platform that you would rather use, that is fine or if you are using an online platform for BLS, you will have to send the link to me and your demo partner.
7. Once you are ready to demonstrate the standard protocol, please schedule an individual session to organize your demo. You do not have to wait until you have achieved 10 hours of group, but rather we can start whenever you feel ready and our schedules allow.
8. Once we have a plan in place and you are ready to begin your demo, to check off phases 1 and 2 instead of demonstrating these phases, I would like you to fill out my EMDR demo presentation form as well as submit your target selection plan (or the target assessment you were trained with). This will help organize the demo with a clear target selection plan embedded in the document.
9. If you only attend group or individual consultations with me and do not do the demo with me, your letter will only “verify” that you attended group consultation and will specify that and I cannot recommend you for certification. Therefore, a different therapist will have to recommend you to be certified.
10. If you have not read the EMDR textbook and reviewed your manuals, I suggest you do!
11. My fee for individual consultation sessions is \$175 per hour. For your individual consultations, please put in your credit card information.