

UNDERSTANDING LANGUAGE FOR NEURODIVERGENT COMMUNITIES



HOW DO I KNOW WHEN TO USE WORDS LIKE:
NEURODIVERSE VS. NEURODIVERGENT...

NO

**ARE YOU DISCUSSING AN
INDIVIDUAL PERSON?**

YES

**ARE YOU
DISCUSSING A
GROUP OF
HUMANS WITH
ALL DIFFERENT
BRAINS OF ALL
NEUROTYPES?**

**DO NOT USE
NEURODIVERSE.**

**USE
NEURODIVERGENT.**

**ONE HUMAN ONLY
HAS ONE BRAIN.**

**NEURODIVERSE IS
PLURAL MEANING
GROUP(S) OF
BRAINS.**

NO

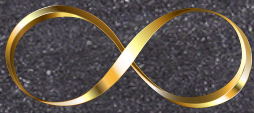
YES

**IF DISCUSSING ONE PERSON,
THEN USE NEURODIVERGENT.**

YES! THAT IS CORRECT!



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HOW DO KNOW WHEN TO USE WORKS LIKE: NEURODIVERSE VS. NEURODIVERGENT...

Neurodivergent

- Those who have a diagnosis or self-diagnosis of having a brain that processes differently from the societal “norm.”

Neurotypical or Neuroconforming

- Having a neurotype that falls into the dominant societal standard of “normal”

Neurodiverse

- A group of people that includes both neurotypical & neurodivergent
- A group of people that includes various types of neurodivergent

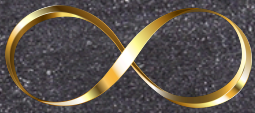
Neurodivergence

- The state of having an innate or acquired mind that functions in a significantly different manner than dominant societal standards of “normal.”

Neurodiversity

- Having a diagnosis or self-diagnosis of a way of processing that is different from societal standards.





RESOURCES



BEING A CONSULTANT: HOW TO TEACH TEACHING

BLOOM'S COGNITIVE TAXONOMY

REMEMBER

UNDERSTAND

APPLY

ANALYZE

EVALUATE

CREATE

BLOOM'S AFFECTIVE TAXONOMY

RECEIVING

RESPONDING

VALUING

ORGANIZING

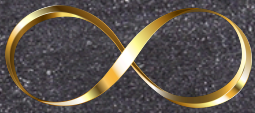
ORGANIZING

CHARACTERIZING

These are the stages of the learning process. The cognitive elements are about our ability to think about the information and make sense of it based on facts. The affective elements are about making meaning through our feelings and interactions with the material.



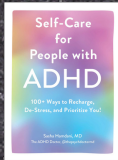
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RESOURCES



BOOKS: BY OR ABOUT NEURODIVERGENT COMMUNITIES



Hamdani, S. (2023). *Self-Care for people with ADHD: 100+ ways to recharge, de-stress, and prioritize you!* Adams Media.



Kattari Katz, S. (2024). *Exploring sexuality and disability: A guide for human service professionals.* Routledge.



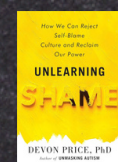
Middleton, E. (2023). *Unmasked: The ultimate guide to ADHD, autism, and neurodivergence.* Penguin Life.



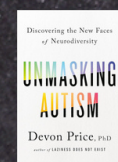
Neilson, S. & Hellfeld, L. (2024). *Creating safe spaces for Autistic people: A guide for building your affirming organisation or group.* Self-Published.



Omeiza, K. A. (2024). *Autistic and Black: Our experiences of growth, progress, and empowerment.* Jessica Kingsley Publishing.



Price, D. (2024). *Unlearning shame: How rejecting self-blame culture gives us real power.* Monoray.



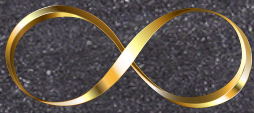
Price, D. (2022). *Unmasking Autism: Discovering the new faces of neurodiversity.* Harmony.



Price, D. (2021). *Laziness does not exist.* Atria Paperback.



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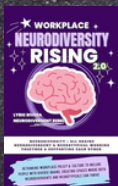
RESOURCES



BOOKS: BY OR ABOUT NEURODIVERGENT COMMUNITIES



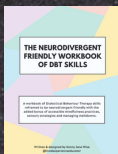
Riemersma, J. (2023). *Altogether Us: Integrating the IFS model with key modalities, communities, and trends* (E. Editor, Ed.). Pivotal Press.



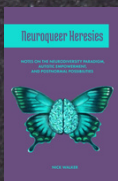
Rivera, L. (2023). *Workplace neurodiversity rising 2.0*. Self-Published.



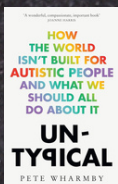
Wise, S. J. (2024). *We're all neurodiverse*. Jessica Kingsley Publishing.



Wise, S. J. (2022). *The neurodivergent friendly workbook of DBT skills*. Self-Published.



Walker, N. (2021). *Neuroqueer heresies: Notes on the neurodiversity paradigm, Autistic empowerment, and postnormal possibilities*. Autonomous Press.



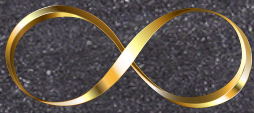
Wharmby, P. (2022). *Un-typical: How the world isn't built for Autistic people and what we should all do about it*. Mudlark HarperCollinsPublishers.



Yellow Lady Bugs. (2023). *Supporting Autistic girls & gender diverse youth*. Green Hill.



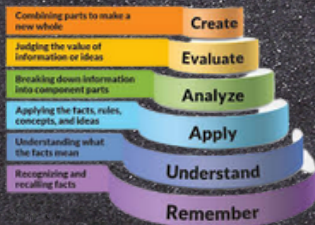
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RESOURCES



ARTICLES & OTHER RESOURCES

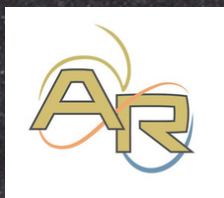


Bloom's Taxonomy (mentioned in another handout) - You can find more information on this process through a simple google search of "Bloom's Taxonomy."



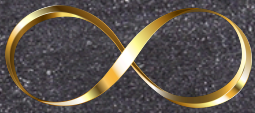
Janville, C., MacInnis, C., & Lanza, T. (2024). Emergent neurodivergent: Neurodiversity-Affirming therapeutic education. *The Therapist: Magazine of the California Association of Marriage and Family Therapists*, 36(1), 6-9.
<https://www.camft.org/Resources/Read-The-Therapist/The-Therapist-January-February-2024>

Autistic Revolution



- Digital magazine developed exclusively by Autistic folx. Autistic identity and culture, empowering, validating, neurodivergent affirming content.

<https://autistic-revolution.com/>



RESOURCES



SOCIAL MEDIA: CONTENT CREATORS TO FOLLOW FOR EDUCATION



Sony Jane Wise: @Live Experience Educator

- Facebook, Instagram, LinkedIn, & TikTok



Ellie Middleton: @Ellie Middleton and @elliemidds

- Facebook, Instagram, LinkedIn, & TikTok



Laura Hellfeld: @Laura Hellfeld Neurodivergent Nurse Consulting

- Facebook, Instagram, & LinkedIn



Scott Neilson: @AutisticallyScott

- Facebook, Instagram, LinkedIn, & TikTok



Martin Balsby Nordahl Moxness: @a_different_spectrum

- Facebook, Instagram, & LinkedIn



Maverique Therapeutic Services: @maveriquetherapeuticservices or @maveriqueservices

- Facebook, Instagram, LinkedIn, & TikTok

Please search the authors in the books resource for other content creators.



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