



VIRTUAL CONSULTANT'S DAY 2024

EMDRIA – August 16, 2024

Consultation can be developed, sustained, and enhanced through education, thoughtful study and training (Falender & Shafranke, 2020)

Learning Objectives:

1. Participants will be able to describe strategies for workings with Consultants in Training
2. Participants will be able to describe strategies to enhance EMDR consultation skills and knowledge in the first five years as consultants
3. Participants will be able to identify opportunities and challenges that may arise in EMDR consultation, including working with Neurodiverse consultees and aligning with IDEA principles

Bios of the contributors:

Working with CITs

EMDR Consultants and EMDR Consultants-in-Training talk about the process of Consultation of Consultation. Discussion includes common challenges CITs face and ways to help develop their skills and knowledge.

Celia Grand, LCSW, BCD

Celia Grand is an EMDR Certified Therapist™, EMDR Consultant™, and past EMDRIA board member. She specializes in complex PTSD integrating body-oriented psychotherapy, ego state psychotherapy with attention to attachment, and neuroscience underpinnings to healing trauma. She has been a facilitator with the EMDR Institute since 1999 and has taught neuroscience workshops and sensorimotor psychotherapy.

Cara Dixon, LPC, NCC

[Cara Dixon LPC, NCC](#) is an EMDRIA approved EMDR Certified Therapist and Consultant in Training. She is the Chief Executive Officer of Growth Minded Counseling and Consulting and recently founded Root to Branch, a non profit organization that works to provide EMDR to underserved populations. Cara specializes in complex trauma and attachment. She has a background in attachment therapy, and is a trained Schema Therapist. This supports her work in EMDR by providing a lens for parts work, somatic experience, and developmental trauma. Cara was a Seminar Leader at the University of Pennsylvania, providing supervision and clinical training for graduate level clinicians Caras' company, Growth Minded LLC, recently received the Best of Main Line 2024 award in Philadelphia for being Mental Health Champions in the community.

Jennifer Marchand, MA, CCC, RCAT

[Jennifer Marchand, MA, CCC, RCAT](#), is a Canadian trauma therapist and EMDRIA-approved consultant with over 10 years of clinical experience in a diverse range of settings and cultural contexts. She currently lives in Addis Ababa, Ethiopia specializing in work with conflict-affected populations, complex trauma and dissociation, and the impacts of vicarious trauma (such as with humanitarian aid workers, health professionals, journalists, and activists). Jennifer has been an EMDR Basic Trainer with the Trauma Institute & Child Trauma Institute with Dr. Ricky Greenwald (2020-2023) where she continues to offer advanced EMDR trainings on creative arts therapies and complex trauma. She is also an editor and author in the exciting new publication on combining EMDR and Creative Arts: EMDR and Creative Arts Therapies (Routledge, 2022).

Rebecca Rondeau, LICSW, MLADC

[Rebecca Rondeau, LICSW, MLADC](#) uses an eclectic approach, incorporating Internal Family Systems (IFS), Eye Movement Desensitization and Reprocessing (EMDR), Acceptance and Commitment Therapy (ACT), and Dialectical Behavior Therapy (DBT) to help clients create a fulfilling and whole life.

Rebecca provides direct therapy services in various settings, from outpatient clinics to residential facilities, working with individuals of all ages. She has also led multidisciplinary behavioral health teams and supervised MSW interns, MSW graduates seeking licensure, and psychological fellows. In addition to her clinical work, Rebecca enjoys teaching and training other providers. Rebecca resides in New Hampshire with her family, where she

owns and operates her private practice. She provides therapy and supervision via telehealth to clients and professionals in NH, ME, MA, VT, DC, VA, and FL.

The Consultation Journey in the First Five Years

This panel aims to explore practical skills and strategies to support EMDR Consultants in their first five years in this role. Discussion will be helpful for both new consultants and those who have more long-term experience as a consultant.

Paula Harry, MS, LCSW, MBA

[Paula Harry](#) has had a private practice for the last 10 years in Oshkosh, Wisconsin. She became EMDR trained in 1998 under William Zangwill in Chicago. She reached EMDRIA Certification in 2006 under Roy Kiessling and earned EMDRIA Approved Consultant status in 2016 under Andrew Leeds. From 2003 to 2018, she worked in a medium-security psychiatric hospital serving the Wisconsin Department of Corrections population. In 2016, at the EMDRIA Conference in Minneapolis, she entered a poster presentation titled, *From Skepticism to Expectation: 10 years of EMDR in a Correctional Setting*. She continues to see clients in her office. She presents EMDR basic trainings and provides consultation.

Yunetta Smith, LPC-MHSP, NCC

[Yunetta Smith](#) is an EMDR Certified Therapist™, EMDR Consultant™, and EMDR Trainer™. She is owner of Spring Forth Counseling and Ground Breakers (EMDR) Coaching and Consulting, in Clarksville Tennessee. She is a Licensed Professional Clinical Counselor in the State of Tennessee, Kentucky, and Idaho, and a Nationally Certified Counselor.

Sarah St. Onge, Ph.D.

A clinical psychologist and integrative trauma therapist, [Sarah St. Onge, Ph.D.](#) works with children, adolescents, and adults in her private practice in the Mid-Hudson Valley, NY. She is the Director of the Integrative Trauma Program at the National Institute for the Psychotherapies (NIP) in New York City, where she also co-chairs and teaches in the Certificate Program in Trauma Studies. Sarah is trained in the body-mind modalities of EMDR and Somatic Experiencing. As a Certified EMDR Therapist and Approved Consultant, Sarah runs several EMDR Consultation Groups and trains EMDR Consultants-in-Training, in addition to being a Facilitator at EMDR trainings.

Dilemmas and Opportunities of Consultation

Neurodiversity in EMDR Consultation

Tiff Lanza, Ph.D, LCSW, M.Ed

[Tiff](#) (they, them) is an EMDR Certified Therapist and EMDR Consultant. Tiff earned a Ph.D. in Human Sexuality and is a Certified Sex Therapist. They are an LCSW in PA and NJ doing virtual therapy for the following communities: intellectually & physically disabled, neurodivergent, LGBTQIA+, and people of the global majority. Tiff started in the trauma world supporting child survivors of sexual abuse (CSA) and wrote about the use of human sexuality in trauma work with child survivors of CSA for their dissertation. Tiff's passion in this work are the intersections of the communities listed above and attuning to all identities throughout the healing journey.

Aligning IDEA (Inclusion, Diversity, Equity, and Access) with your EMDR Consultation Practice (Hoffler and EMDRIA Staff)

Rochelle Hoffler, LCSW-S

[Rochelle Hoffler](#) is an EMDR Certified Therapist™ and EMDR Consultant™. Rochelle received her Bachelors (BSW) and Master's Degree in Social Work (MSW) from Texas State University in San Marcos. She has over 25 years of Social Work experience working with diverse client populations in child welfare, acute care hospital settings, and psychiatric facilities. Rochelle currently works in private practice serving clients in Texas via telehealth.

Professional development plan for EMDR Consultants (EMDRIA staff)

Viviana Urdaneta Melo, LCSW

[Viviana Urdaneta Melo](#), LCSW is a EMDR Certified Therapist™ and EMDR Consultant™. Urdaneta Melo has worked with survivors of trauma, intimate partner violence, and sexual assault in different settings such as mental health agencies, university health center, and private practice. Viviana is an immigrant from Colombia, South America, and practices in both English and Spanish. She works at the EMDR International Association as the Chief of Clinical Affairs and has a private practice serving clients in Texas and California via telehealth. Urdaneta Melo is committed to increasing awareness around the challenges, strengths, and opportunities of working with diverse populations and their intersection of identities.

Jennifer Fee, Psy.D.

[Jennifer Fee, Psy.D.](#) is a clinical psychologist, EMDR Certified Therapist™ and EMDR Consultant™. She has spent a significant portion of her career in private practice and graduate education and has directed a master's level program. She currently works at the EMDR International Association as a professional practice content specialist. Jennifer is passionate about fighting the stigma that surrounds mental health issues and advocating for EMDR therapy via writing and speaking. She has given a TEDx talk and made two appearances on Monique Coleman's Discovery channel series, "Gimme MO," discussing sexual assault, mental health, and EMDR therapy.