

Consultation can be developed, sustained, and enhanced through education, thoughtful study and training (Falender & Shafranke, 2020)

Learning Objectives:

1. Participants will be able to describe at least two specific strategies for consultants to perform in their role as educators, evaluators, and motivators.
2. Participants will be able to describe at least three strategies for enhancing consultees' skills for EMDR treatment planning and case conceptualization.
3. Participants will be able to identify at least three challenging situations or ethical dilemmas in EMDR consultation and outline strategies to effectively manage them.

Bios of the Contributors:

Adult Education and EMDR Consultant Roles

This presentation will explore the multifaceted role of an EMDR Consultant™ as educator, motivator, and evaluator, with a focus on fostering growth and development in EMDR therapists. There will be a discussion about the use of pedagogical tools for diverse adult learners, including strategies for engaging, goal-oriented consultations and providing constructive feedback.

Viviana Urdaneta Melo, LCSW

[Viviana Urdaneta Melo](#), LCSW is a EMDR Certified Therapist™ and EMDR Consultant™. Urdaneta Melo has worked with survivors of trauma, intimate partner violence, and sexual assault in different settings such as mental health agencies, university health center, and private practice. Viviana is an immigrant from Colombia, South America, and practices in both English and Spanish. She works at the EMDR International Association as the Deputy Executive Director and has a private practice serving clients in Texas and California via telehealth. Urdaneta Melo is committed to increasing awareness around the challenges, strengths, and opportunities of working with diverse populations and their intersection of identities.

Jennifer Fee, Psy.D.

[Jennifer Fee, Psy.D.](#) is a clinical psychologist, EMDR Certified Therapist™ and EMDR Consultant™. She has spent a significant portion of her career in private practice and graduate education and has directed a master's level program. She currently works at the EMDR

International Association as a professional practice content specialist. Jennifer is passionate about fighting the stigma that surrounds mental health issues and advocating for EMDR therapy via writing and speaking. She has given a TEDx talk and made two appearances on Monique Coleman's Discovery channel series, "Gimme MO," discussing sexual assault, mental health, and EMDR therapy.

Traci Van Prooyen, EdD, CPTD

Traci Van Prooyen, EdD, CPTD - Education and Standards Specialist (EMDRIA).

Traci has 30 years of experience in a variety of leadership roles in both the academic and corporate fields. Traci has an Ed.D. in Curriculum and Instruction, and a B.A., Secondary Education (Social Sciences) from Illinois State University. She also holds an M.A., Counseling, from Bradley University, and a B.A., Christian Education from Moody Bible Institute. Her expertise includes designing adult learning programs using a variety of learning and instruction design theories, and delivering those programs using multiple learning management systems and instructional technologies. Traci is dedicated to supporting people and their development by creating quality learning and development opportunities.

Sarah Tolino

Sarah Tolino serves as the Director of Professional Standards for EMDRIA, where she is dedicated to advancing the highest quality of care and training in EMDR therapy. Sarah oversees the creation and implementation of standards that ensure consistency and excellence in the field. She collaborates with clinicians, researchers, and educators to promote best practices and support the evolving needs of EMDR practitioners and is committed to enhancing the impact of EMDR therapy.

Enhancing Consultees' EMDR Case Conceptualization and Treatment Planning Skills

Effective case conceptualization and treatment planning are the cornerstones of successful EMDR therapy. This presentation will discuss practical strategies to strengthen consultees' ability to assess cases, identify meaningful targets, and develop comprehensive treatment plans.

Elizabeth Legg, PhD, LPC, NCC

Elizabeth Legg is a Psychologist, EMDRIA-Approved Consultant and Trainer, and the owner of The Road Less Traveled Counseling Center in Denver, Colorado. She has been a clinician for 22 years and completed her dissertation on EMDR within Conjoint Couples Therapy. Her group practice includes a decolonial, anti-racist approach, EMDR, AEDP, and Emotionally Focused Couples Therapy. Beyond providing EMDR Basic Trainings, Liz also offers an EMDR Refresher and EMDR in Conjoint Couples Therapy training. She has the privilege of working alongside an incredible clinical, consultation, and training team, as well as a network of healers at the Denver Collaborative Health Center.

Rick Levinson, LCSW

Rick Levinson, LCSW is a clinical social worker with over 35 years of experience working with adults, children, couples and families. After completing a bachelor's degree in Psychology from UT-Austin, Rick received a master's in Social Work at the University of Kansas. He was then

selected for a two-year fellowship in child psychiatry at UTMB-Galveston. Returning to Austin, he ran an inpatient unit in a psychiatric hospital for three years. He began his private practice in 1986. Over the course of his career, Rick has primarily specialized in working with trauma and with folks struggling with serious illness and their loved ones. He has incorporated a wide range of treatment models into his practice and has used EMDR since 1996. He is a Certified EMDR therapist, an Approved Consultant and has been an EMDRIA-Approved Basic Training Provider since 2005.

Challenges, Dilemmas, and Opportunities in EMDR Consultation

Laura Steel, Psy.D.

[Laura Steele, Psy.D](#) is a psychologist and marriage and family therapist in Orange County, California. She has been in practice for 30 years and specializes in working with individuals, couples, and families dealing with the impact of depression, anxiety, trauma, and abuse. Trained in EMDR in 1995, she is an EMDR trainer, facilitator, and consultant. She currently serves as a professor and academic dean at Hope International University, where she has provided EMDR Basic Training within the graduate program for nearly 20 years.

Annie Monaco, LCSW-R, RPT-S

[Annie Monaco, LCSW-R, RPT-S](#), is co-founder of Playful EMDR, an online hub for training and consultation. Annie travels internationally/US providing specialty trainings on EMDR with children and teens and treating attachment wounds and children using dissociative strategies. Annie has extensive experience with foster care, out-of-country adoptions, and at-risk teenagers and family therapy. Annie is an EMDRIA approved trainer of EMDR and provides consultation to therapists and agencies. Annie is the co-editor and contributor of chapters for EMDR with Children in the Play Therapy Room, An Integrated Approach (2020) and contributing chapter for EMDR and Creative Arts Therapies (2022).

Jenay Garrett, Ph.D.

[Dr. Jenay Garrett](#) is a Licensed Professional Counselor and Certified EMDR Therapist and CIT. Dr. Garrett has worked in the human services and mental health fields for over 15 years, working with various populations and in various settings. Dr. Garrett is the owner of a P.E.A.C.E. Clinical Solutions, a solo private practice where she provides individual counseling, clinical supervision, and consultation services. Dr. Garrett specializes in working with trauma/PTSD, anxiety, depression, and suicide. Additionally, Dr. Garrett is passionate about breaking the stigmas of mental health in Black and Brown communities, as well as teaching helpers culturally humble interventions when working with BIPOC clients.