

# Updating EMDRIA Approved Consultant™ Standards

ELEVATING EXCELLENCE: DEVELOPING SKILLS, DELIVERING IMPACT



## Why are we updating consultant standards?

We know that the consultant role has an impact on all aspects of EMDR therapy. EMDRIA™ values and is committed to growth, however consultant standards have not been updated since 1999.

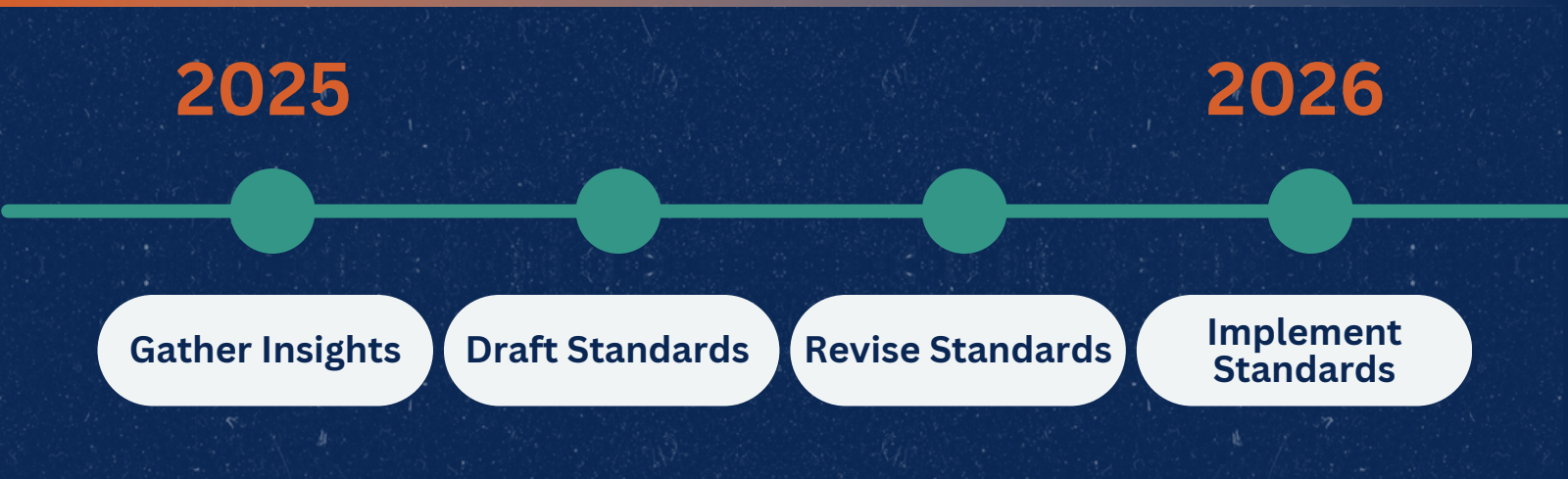
Specifically:

- EMDRIA Approved Consultants™ play an **essential educator role** and have **broad impact** in the EMDR community.
- Consultants expressed need for **more structure, guidance, resources, direction, and EMDRIA™ support**.
- **Common language** is needed to measure and evaluate performance.
- Best practices in consultation highlight **quality, a developmental approach, and following ethical guidelines**.

### Areas of Impact



## What is the timeline for changes?



## How will this impact me?

### 1. Awareness

The role of consultant varies depending on the type of consultation (Basic Training, EMDRIA Certified Therapist™, EMDRIA Approved Consultant in Training™, or Case Consultation).

As part of a regular process and based on your collective wisdom, standards will be updated for each type of consultation that will include some of the following:

- New requirements.
- Guidelines and Best Practices.
- Defining and clarifying terminology.
- Specific educational needs and requirements.



### 2. Evaluation

Evaluation of consultation skills helps to support the continued development.

Regular evaluation of both technical and non-technical. Consultation skills helps to further develop you in your growth as a consultant in working with a wide variety of individuals and to ensure fidelity to EMDR therapy.

### 3. Education

Providing easy to access and relevant continuing education opportunities.

A variety of educational opportunities based on EMDR consultant standards for different types of consultation will be offered to support your development throughout your career.

