



## EMDRIA Trainer Day – May 16, 2025

### Learning Theories into Practice: Designing for Adult Learners

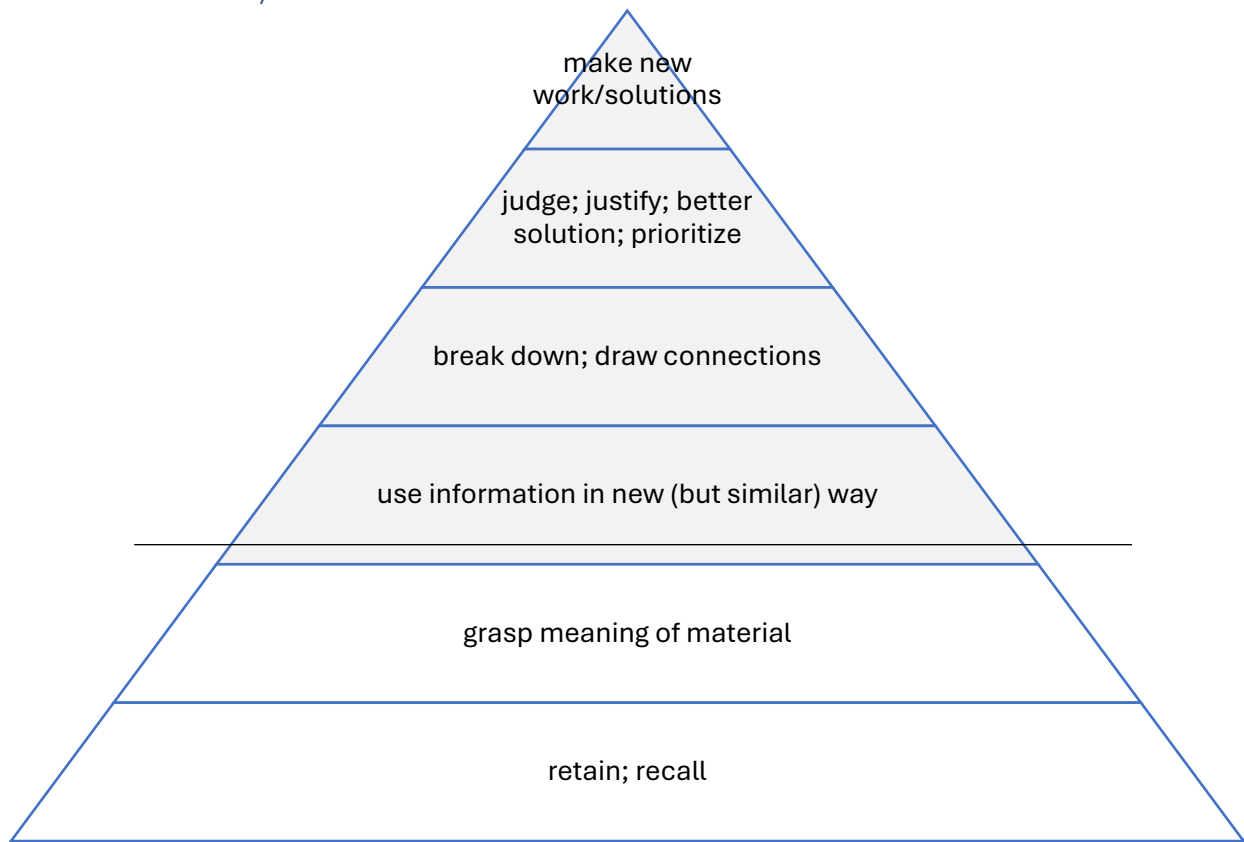
#### Learning Theories with Ties to Adult Learners

- Behaviorism (Watson, Skinner)
- Humanism (Rogers)
- Cognitivism (Piaget)
- Constructivism (Piaget, Vygotsky, Indigenous Cultures)
- Andragogy (Knowles)
- Learning Conditions and Complexities (Bloom and Gagné)
- Transformational (Mazirow)
- Experiential (Kolb)
- Connectivism (Siemens and Downes)

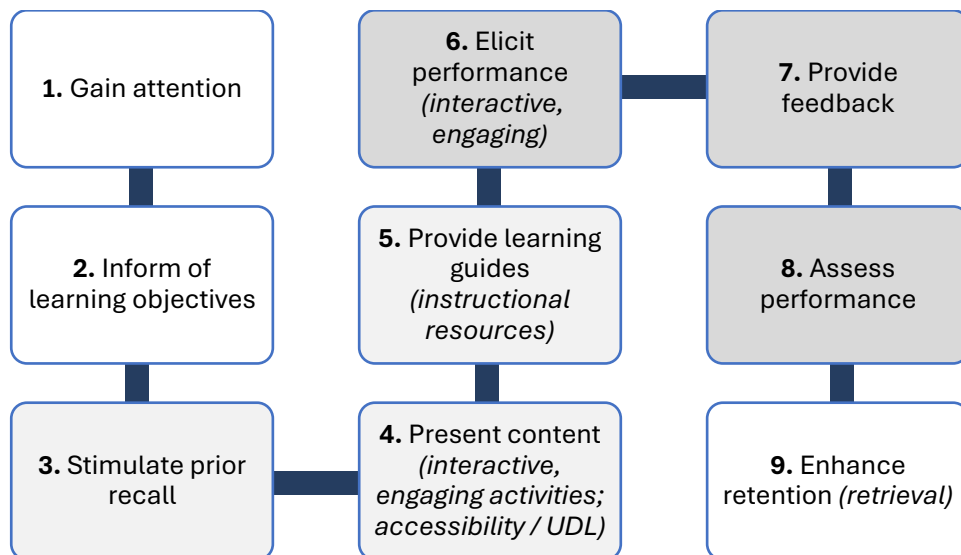
#### Learning Theory Myths

- Learning Styles
- Learning Pyramid
- Efficient Multitasking

## Bloom's Taxonomy



## Gagne's Nine Levels of Instruction



## Designing for Adults

Engaging	Effective	Efficient
<ul style="list-style-type: none"><li>•Experiences / Contextualization</li><li>•Interesting</li><li>•Connections</li></ul>	<ul style="list-style-type: none"><li>•Relevant / Practical</li><li>•Assessments</li><li>•Feedback</li></ul>	<ul style="list-style-type: none"><li>•Design of Resources</li><li>•Milestones</li><li>•Professional Development</li></ul>

Sage-on-the-Stage vs. Guide-on-the-Side

Bibliography – see next page

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