

EMDR Trainer Day

May 16, 2025

Learning Objectives

1. Participants will be able to identify key adult learning theories and their practical applications for EMDR basic training.
2. Participants will be able to identify practical applications of Universal Design for Learning that might be applied to EMDR basic training.
3. Participants will be able to identify learning enhancements to make their EMDR basic training more engaging, effective, and efficient to meet diverse learning needs.

Presentations & Speaker Bios

Universal Design for Learning (UDL): Using Inclusive Design to Reduce Barriers to Learning
(10:30am – 12:30pm Central) with Zach Petrea, Ed.D.

- This presentation will review the guidelines for Universal Design for Learning that might be utilized in EMDR basic training. These guidelines offer a set of concrete suggestions that can be applied to ensure that all learners can access and participate in meaningful learning opportunities.

Zach Petrea, Ed.D. is an English Professor at Heartland Community College, where for 20 years he has advocated for curriculum development in order to foster student success through roles as Chair of the Curriculum Committee, Writing Program Coordinator, and Dual Credit Coordinator for the Liberal Arts & Social Sciences. His efforts to promote faculty professional development began after receiving a Certificate in Universal Design for Technology Integration, and led to his position as Universal Design for Learning Faculty Coordinator, culminating with his doctorate in Learning Design.

Learning Theories into Practice: Designing for the Adult Learner (1pm – 3pm Central) with Traci Van Prooyen, Ed.D, CPTD

- This presentation is designed specifically for EMDR trainers looking to enhance their teaching methods by incorporating adult learning theories and principles. Participants will explore adult learning theories with application for engaging adult learner in training opportunities that are effective and efficient in meeting diverse trainee learning wants and needs.

Traci Van Prooyen, Ed.D. CPTD joined the EMDRIA staff last year as our Education and Standards Specialist. Traci has 30 years of experience in a variety of leadership roles in both the academic and corporate fields. Traci has a doctoral degree in Curriculum and Instruction, a bachelors in Secondary Education from Illinois State University, a masters in Counseling from Bradley University and bachelors in Christian Education from Moody Bible College. Her expertise includes designing adult learning programs using a verity of learning and instruction design theories, and delivering those programs using multiple learning management systems and instructional technologies. Traci is dedicated to supporting people and their development by creating quality learning and development opportunities.