

Example EMDR Case Presentation Follow Up Form

The purpose of this EMDR Case Presentation Follow Up Form is to support the consultee in providing an updated summary of a previously presented case for continued discussion during the consultation process. This form allows the consultee to outline clinical progress, challenges, shifts in case conceptualization and the integration of prior feedback. The consultant can then offer further guidance, clarification and EMDR-focused recommendations based on the client's evolving presentation. Both consultants and consultees may use this form as provided, adapt it as needed or incorporate additional documentation tools to support meaningful and focused consultation.

Note: If you have not presented this client before, please use the initial [EMDR Case Presentation Form](#).

Client Information

We have previously discussed this client; however, let us briefly review the following information to guide and build upon our consultation today based on our prior discussions.

Patient/Client Age: _____ **Gender:** _____

Ethnicity/Relevant Cultural Information: _____

Presenting Problem / Current Symptoms: _____

Goals for Therapy: _____

Brief Overall History: _____

What cultural issues and/or intersections of identities are necessary to consider for case conceptualization and treatment of this client? _____

What is the impact of your own intersection of identities in your work with this client? _____

Current medical information: (diagnosis / medication; including mental health)

Other issues to consider: (suicidality, sleep disturbances, alcohol and other substances, disordered eating) _____

Trauma History (brief summary): _____

Primary Issues Wanting to Address: _____

Internal and External Resources: _____

General Questions

How many sessions have you met with this client?

What phase are you currently working on?

Please provide a brief summary of your work with this client. (completed targets, if so, which ones?)

What was recommended in your previous presentation of this client? Were you able to implement the recommendations that we discussed? If so, how did it go? If not, what happened that prevented you from implementing what we discussed before?

What questions do you have about this case now?

Additional Relevant Notes or Questions:
