

# Resources to Support Your Work

Consultant Standards





April 17, 2026



# Before we begin...

---

Please

- Stay muted during session
- Use Q&A tab for questions
- Limit questions to today's topic
- Know that sessions are recorded

Resources to Support Your Work

# Your EMDRIA Team



Sarah  
Tolino

Director of  
Professional  
Standards



Viviana  
Urdaneta

Deputy  
Executive  
Director



Sarah  
McQuitty

Credentialing  
Manager



Traci  
Van Prooyen

Education &  
Standards  
Specialist

# Previous Information Sessions

- Informational Session 1 - Understanding the Updated Consultant Standards: **What It Means for You**
- Informational Session 2 - Updated Consultant Standards: **Impact on the Consultation Process**
- Informational Session 3 - Consultant Standards Deep Dive: **Understanding the Evaluation Framework**

# Key Changes to the Consultant Standards

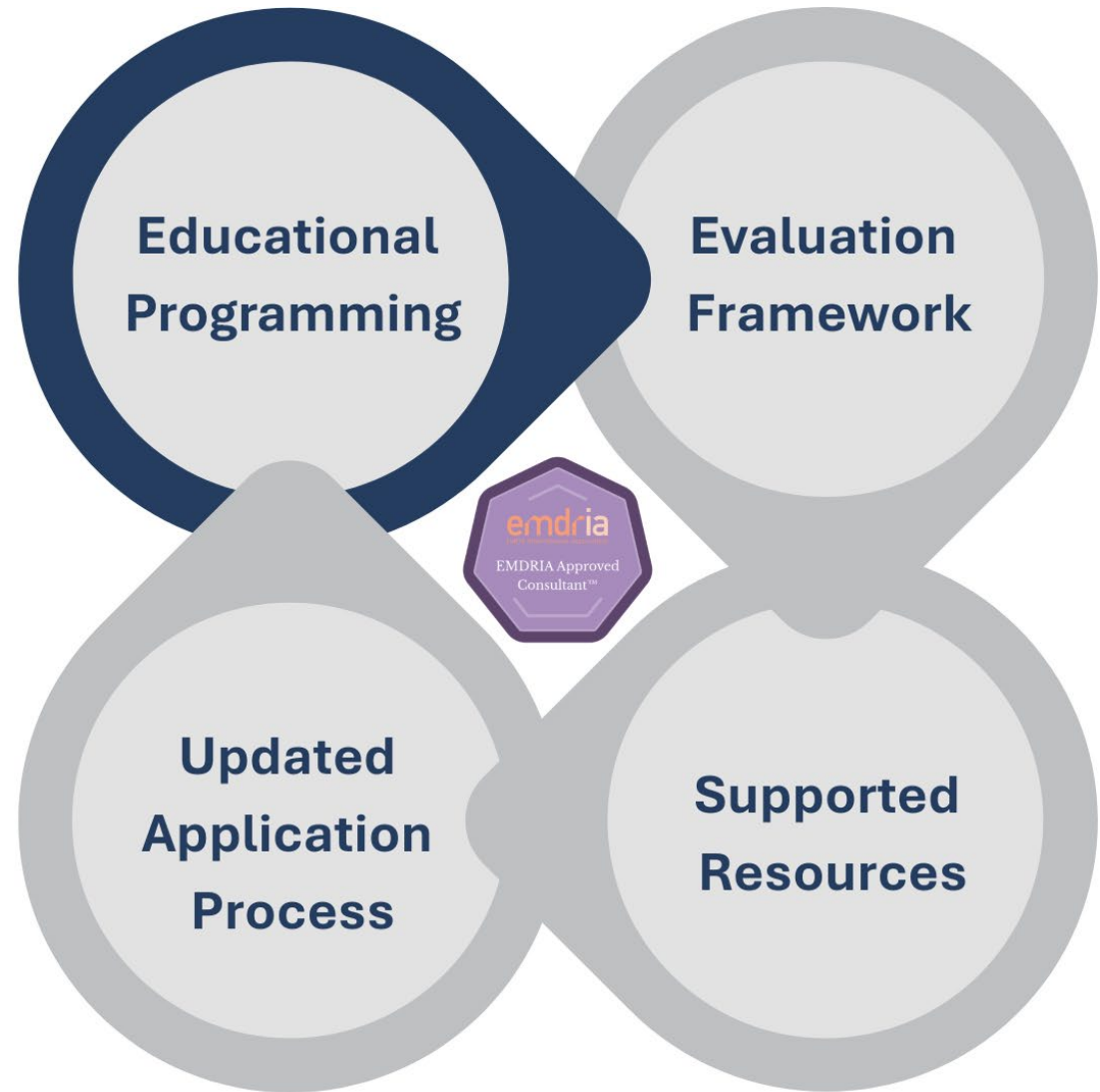
# Key Changes

[Key Changes to the EMDRIA Approved Consultant™ Standards](#)



# Key Changes

Educational Programming



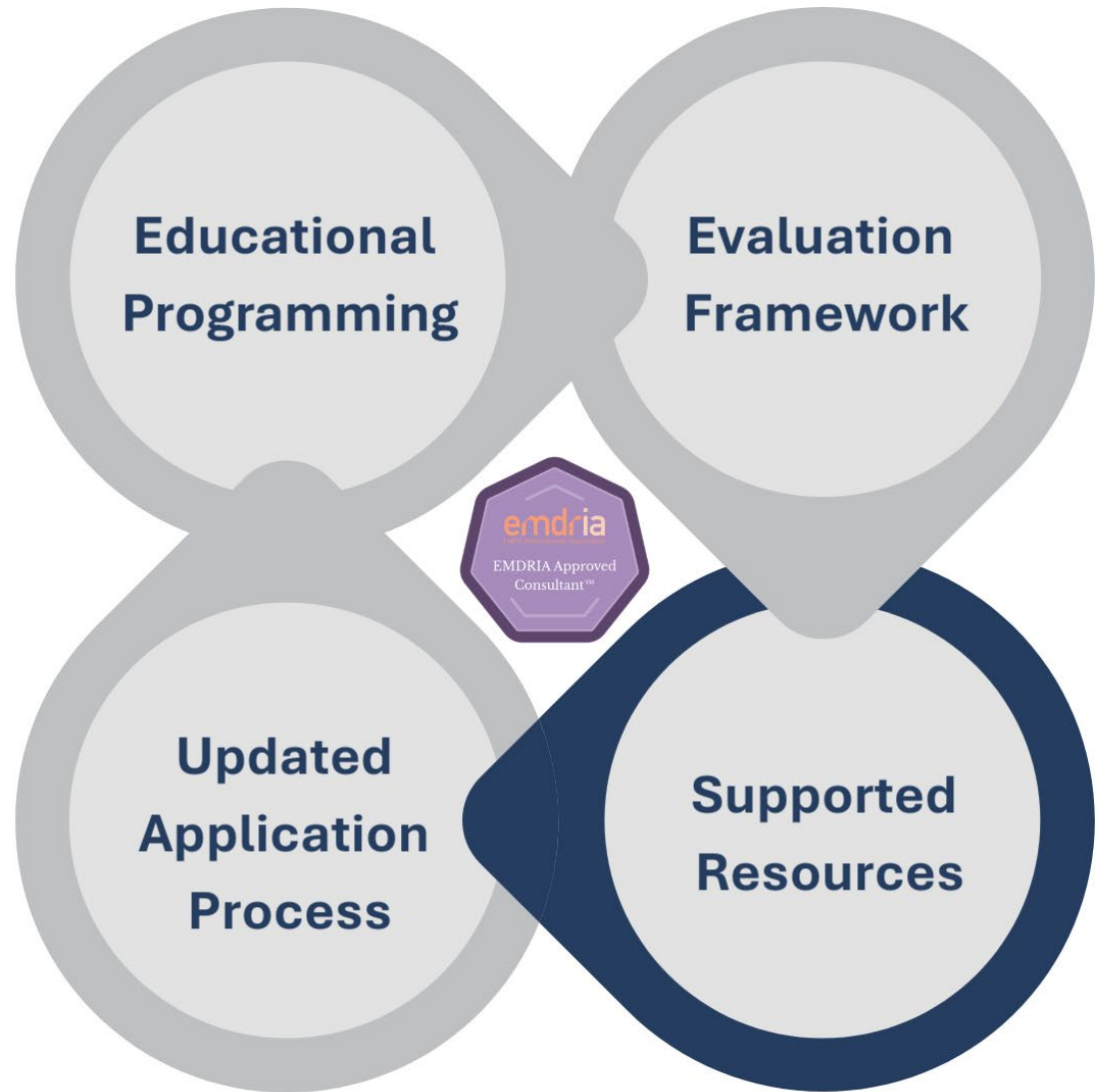
# Key Changes

Evaluation Framework



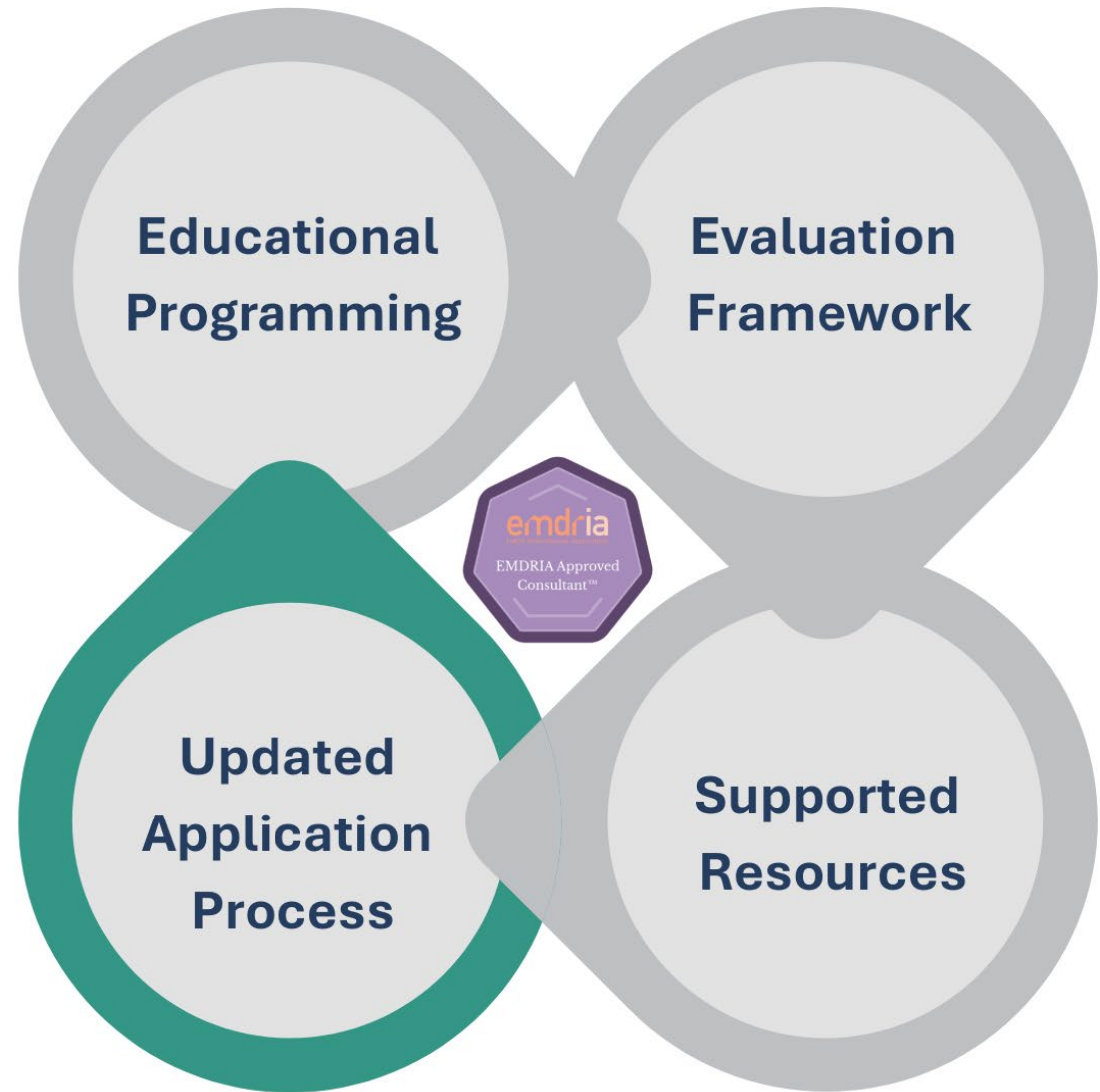
# Key Changes

Supported Resources




# Key Changes

Updated Application  
Process



# Resources to Support Your Work



# Educational Programming



Resources to  
Support Your  
Work

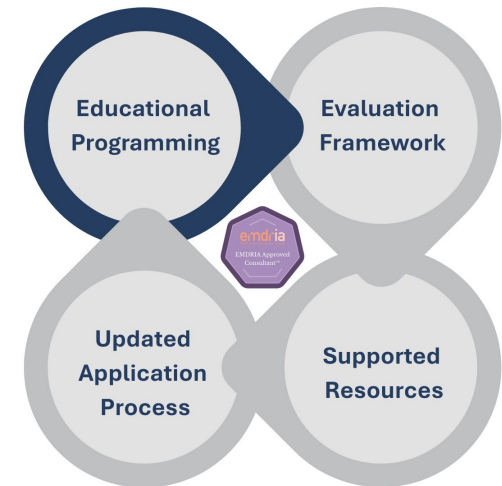
# Educational Programming

## Current Offerings

- EMDRIA Approved Consultant™ Days
  - Virtual
  - In-person

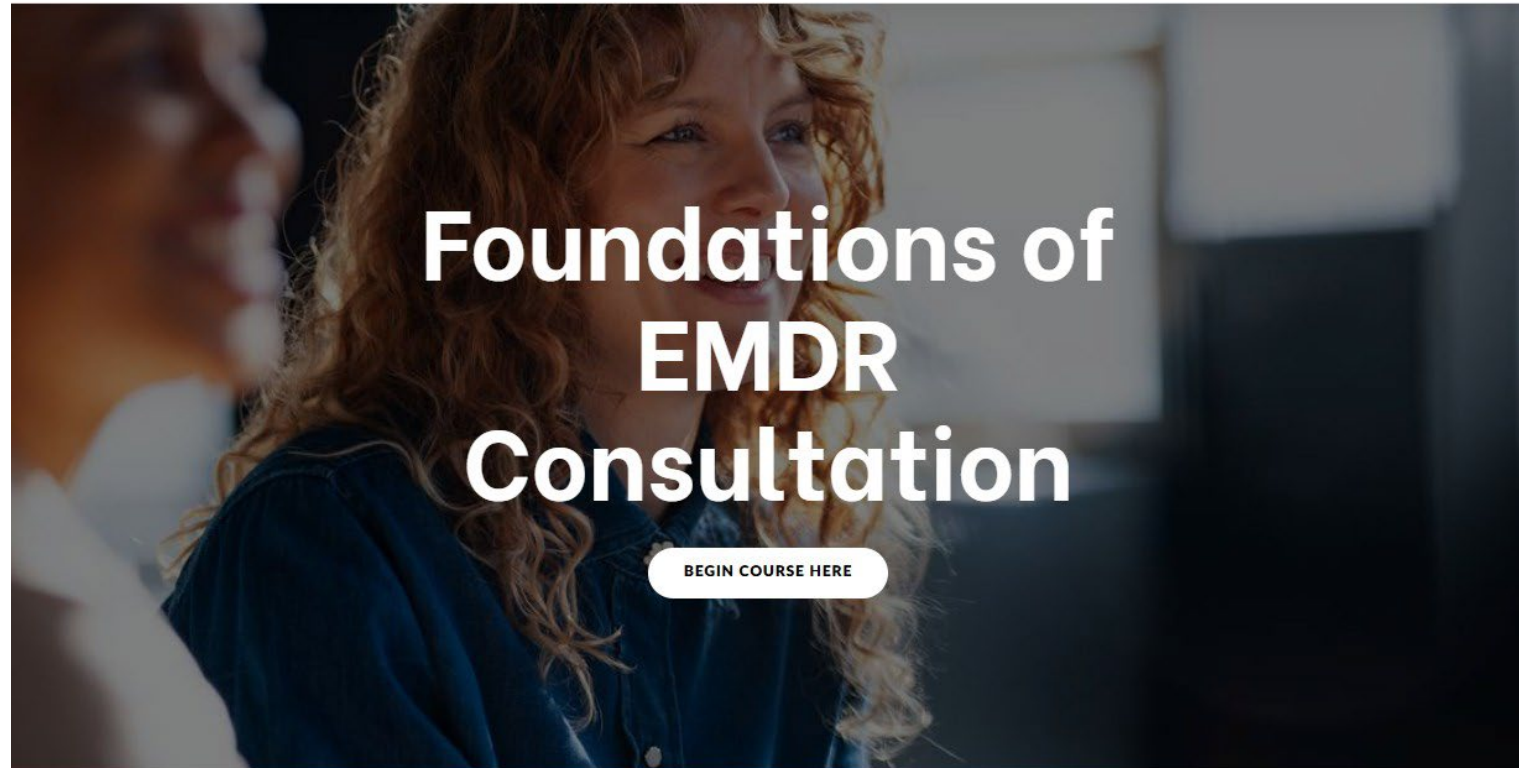
## New Offerings

- OnDemand Courses
  - Foundations of EMDR Consultation
  - Core Competencies in EMDR Consultation
  - Additional - Coming Soon!



## OnDemand Courses

- 1.5 EMDRIA™ Credits
- Required for CITs as part of initial application
- Available May 2026



**emdria**<sup>™</sup>  
EMDR International Association

This course introduces the foundational principles and roles that guide effective EMDR consultation across developmental stages of practice. It will provide the



# Evaluation Framework



Resources to  
Support Your  
Work

# Evaluation Framework

## Initial Conversations Goal Setting

- [Initial Conversations - Consultant and Consultee](#)
- [Setting Learning Goals in EMDR Consultation](#)

## Assessment and Evaluation (p. 41-42)

- [EMDRIA Approved Consultant Standards™](#)
- [Consultant Self-Assessment](#)
- [CIT VER Form](#)

## Providing Feedback with Deliberate Practice (p. 42-43)

- [Tips on Providing Feedback During EMDR Consultation](#)

## Evaluation and Recommendation (p. 43-44)

- [Competencies \(Foundational, Knowledge, Skills, Attitudes\)](#)
- [CIT VER Form](#)
- [Navigating Difficult Conversations in EMDR Consultation](#)



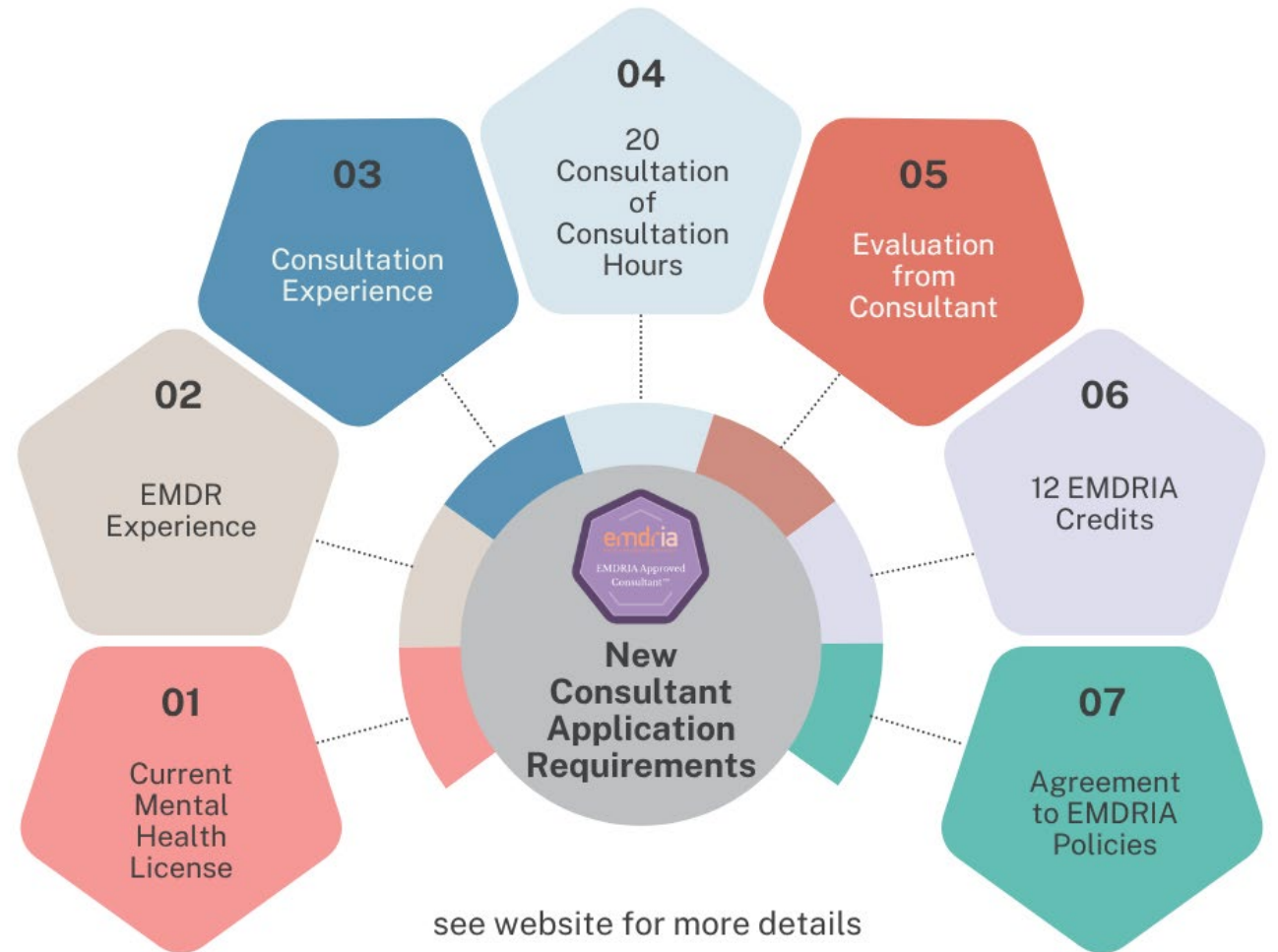
# Updated Application Process



Resources to  
Support Your  
Work

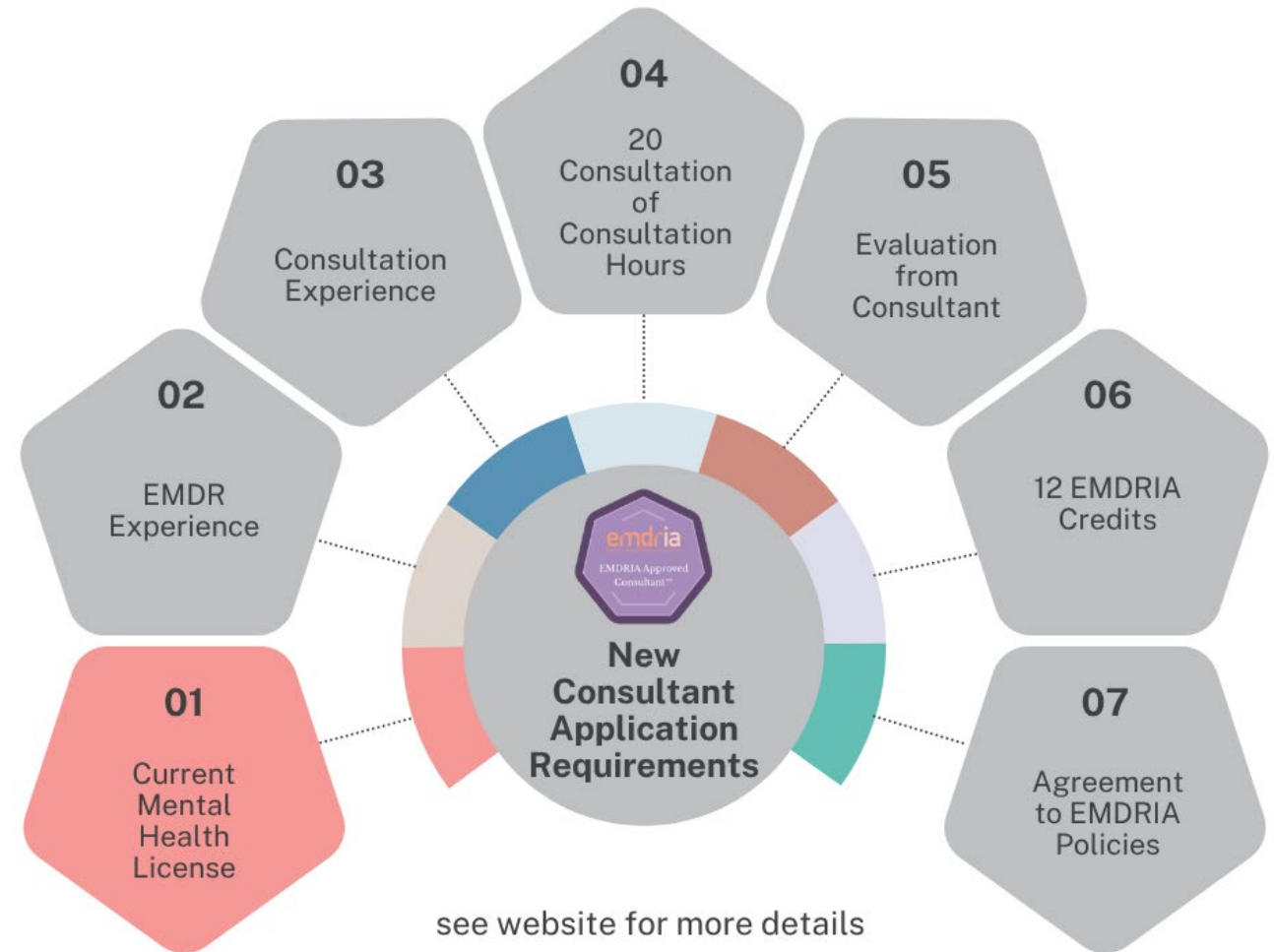
# New Consultant Application Requirements

[EMDRIA Approved Consultant™ Application](#)



# New Consultant Application Requirements

Current Mental Health License



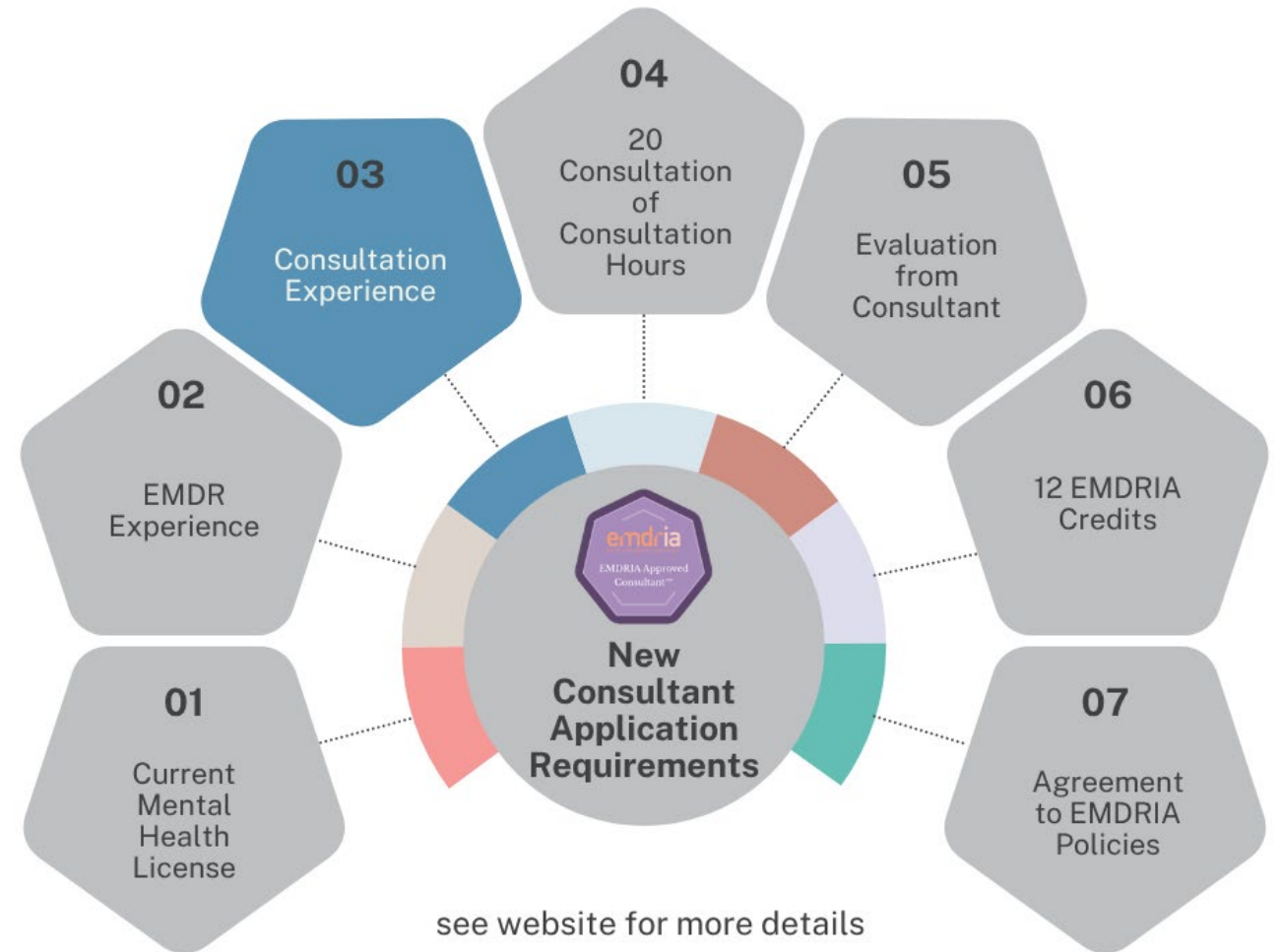
# New Consultant Application Requirements

EMDR Experience



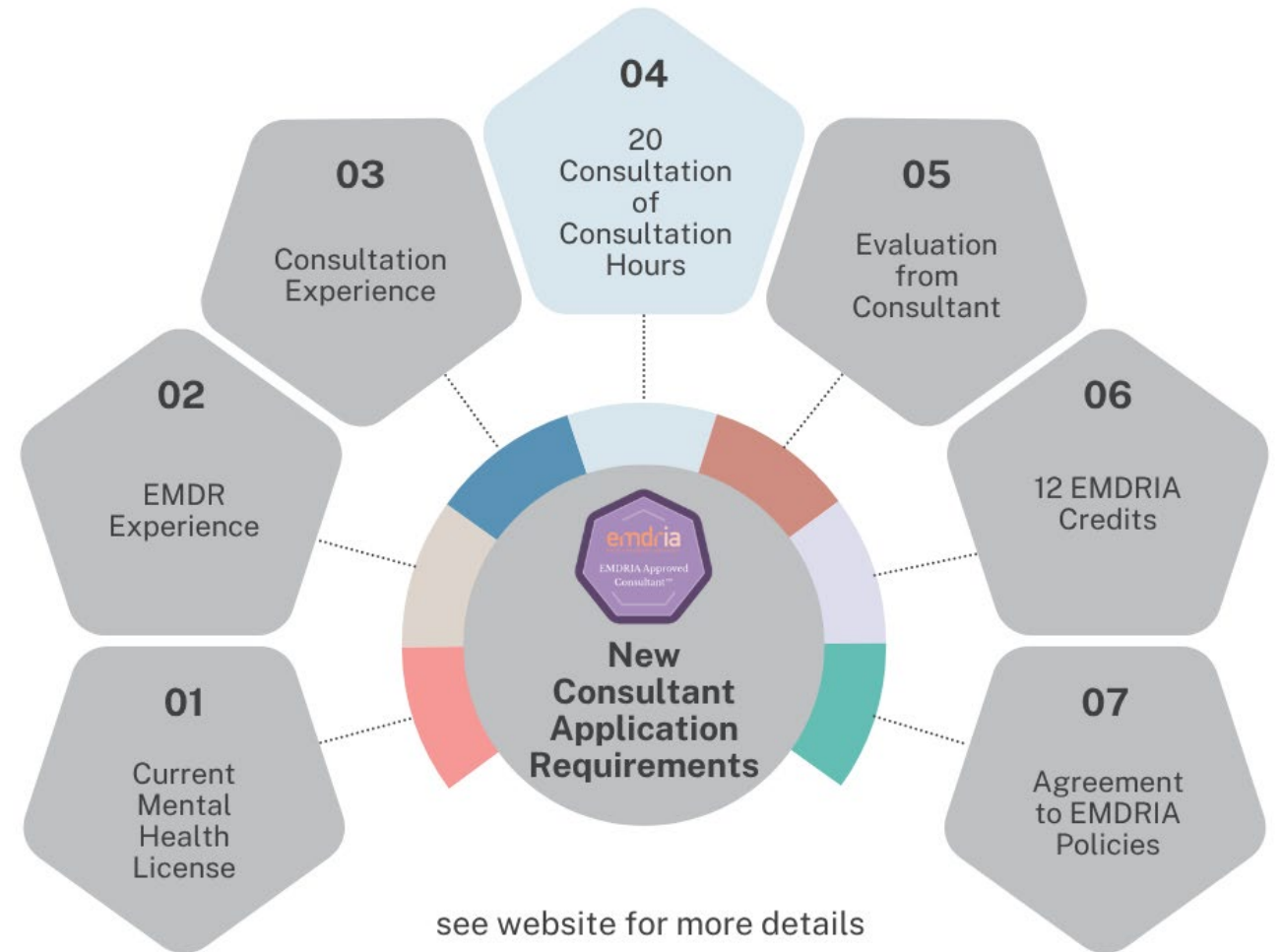
# New Consultant Application Requirements

Consultation Experience



# New Consultant Application Requirements

20 Consultation of Consultation Hours



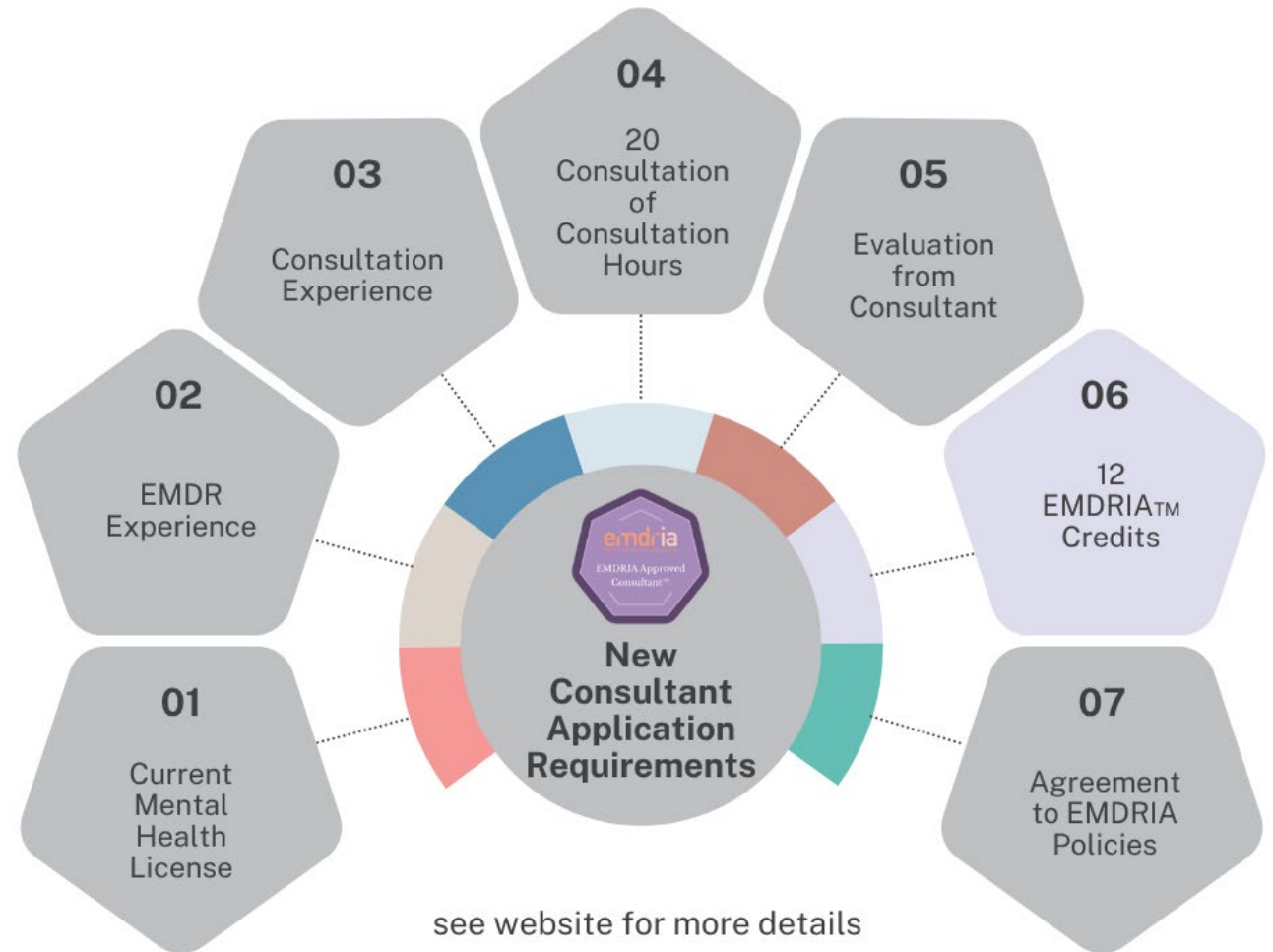
# New Consultant Application Requirements

Evaluation from Consultant (VER Form)



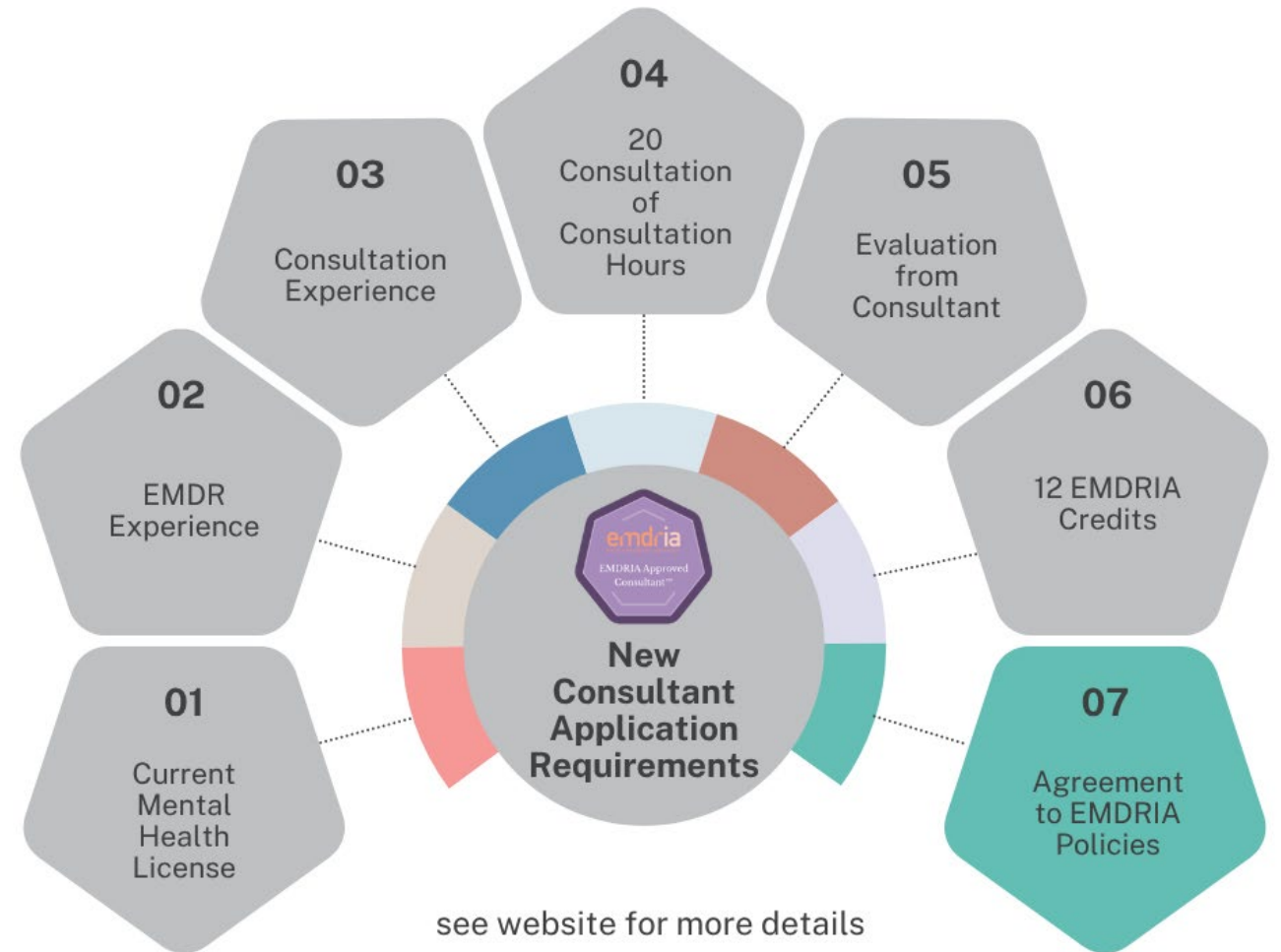
# New Consultant Application Requirements

12 EMDRIA™ Credits

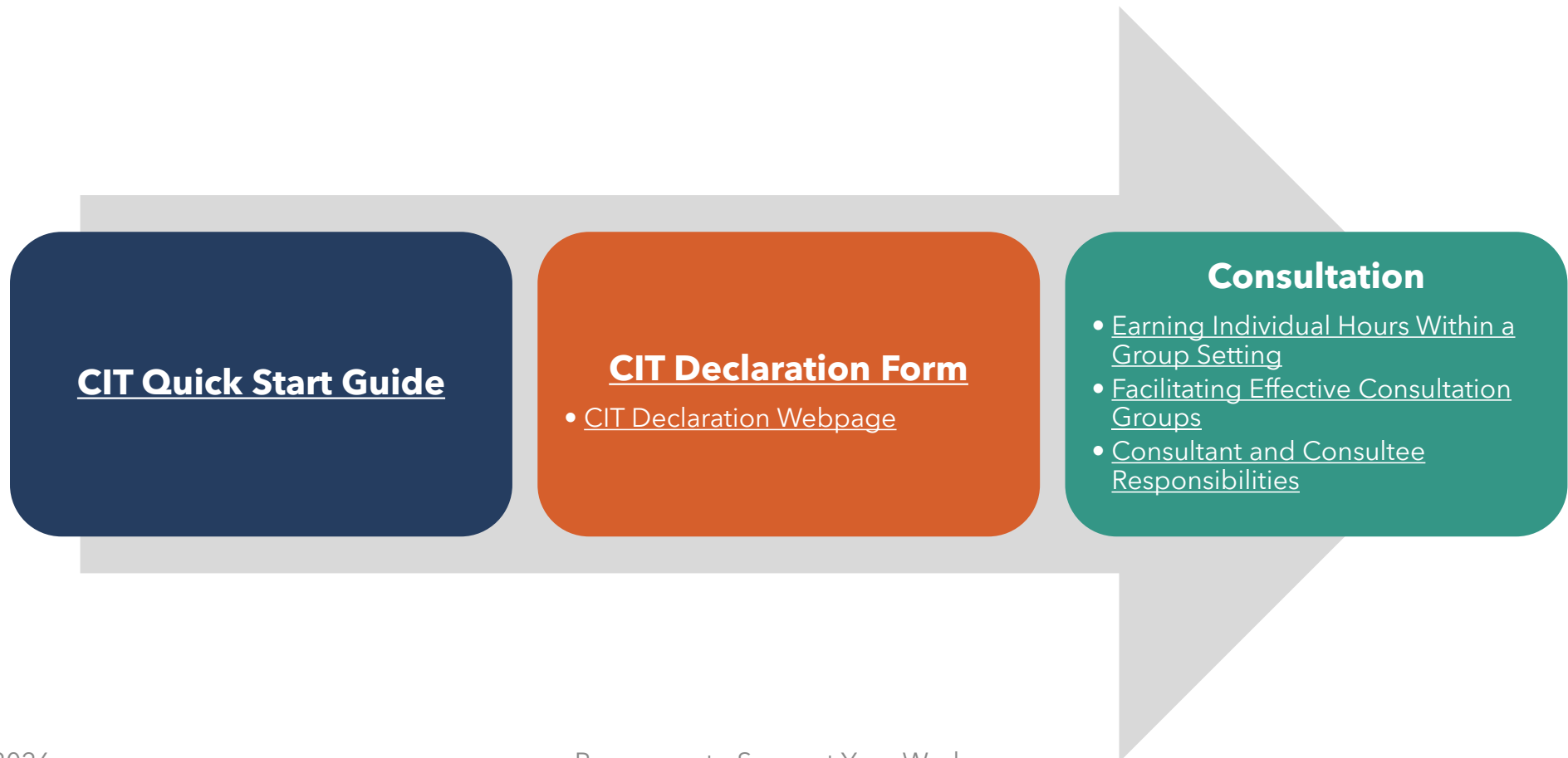


# New Consultant Application Requirements

Agreement to EMDRIA Policies



# Key Resources - Updated Application Process



**CIT Quick Start Guide**

**CIT Declaration Form**

- [CIT Declaration Webpage](#)

**Consultation**

- [Earning Individual Hours Within a Group Setting](#)
- [Facilitating Effective Consultation Groups](#)
- [Consultant and Consultee Responsibilities](#)

# Supported Resource - Consultant Toolkit

Resources to  
Support Your  
Work

## Consultant Toolkit

- Publications & Resources > Toolkits & Practice Resources
- EMDRIA Library > Consultant Toolkit
- EMDRIA Approved Consultant Application > Four Key Changes



# Consultant Toolkit

Consultant Framework



# Consultant Framework - Current Resources

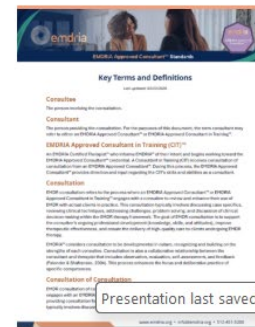
- [EMDRIA Approved Consultant™ Standards](#)
- [Key Terms and Definitions](#)
- [The Three Roles of a Consultant](#)
- [Core Competencies](#)



EMDRIA Approved Consultant™ Standards

February 26, 2026

This document describes updated standards and best practices for EMDR (Eye Movement Desensitization and Reprocessing) consultation at EMDRIA.



Key Terms and Definitions in EMDR Consultation

February 23, 2026

EMDR consultation glossary defining key terms to help you understand the world of EMDR consultation at EMDRIA.



The Three Roles of a Consultant

February 18, 2026

Guide to the Educator, Motivator, and Evaluator roles that support your EMDRIA credentialing and readiness for competent EMDR practice.



Core Competencies for EMDRIA Approved Consultants™

February 18, 2026

Packet of core competencies for EMDRIA Approved Consultants, including knowledge, skills, attitudes, ethics, and consultation standards.

# Consultant Toolkit

Consultation Practice



# Consultation Practice - Current Resources

- [Earning Individual Hours Within a Group Setting](#)
- [Facilitating Effective Consultation Groups](#)
- [Consultant & Consulee Responsibilities](#)
- [Types of Consultation](#)
- [Tips for Using a Developmental Approach in EMDR Consultation](#)
- [Setting Learning Goals in EMDR Consultation](#)
- [Tips on Providing Feedback During EMDR Consultation](#)
- [Navigating Difficult Conversations in Consultation](#)
- [Navigating Termination of the EMDR Consultation Process](#)
- [How EMDR Consultation Improves the Learning Process: EMDRIA Consultant Day Recap](#)

# Consultant Toolkit

Consultation Essentials



# Consultation Essentials - Current Resources

- [CIT Verification, Evaluation, and Recommendation \(VER\) Form \(.pdf version only\)](#)
- [CIT Quick Start Guide](#)

# Consultant Toolkit

Examples and Templates



# Examples and Templates - Current Resources

- [Example Contract Agreement for Consultation](#)
- [Example EMDR Case Presentation Form](#)
- [Example EMDR Case Presentation Form - 8 Phases](#)
- [Example EMDR Case Presentation Form - Follow Up](#)
- [Example EMDR Consultation Presentation Form](#)
- [Initial Conversations - Consultant and Consultee](#)
- [Example Permission to Record EMDR Client](#)

# Consultant Toolkit

Continuing to Add Resources

- Ethics
- IDEA
- Trauma-Informed Teaching
- Learning Process



# Summary of Today's Session

## **Educational Programming**

- Educational Programming
- New Courses

## **Evaluation Framework**

- Initial Conversations and Goal Setting
- Assessment and Evaluation
- Providing Feedback with Deliberative Practice
- Evaluation and Recommendation

## **Updated Application Process**

- New Consultant Application Requirements
- Key Resources for Updated Application Process

## **Supported Resources**

- Consultant Framework
- Consultant Practice
- Consultation Essentials
- Examples and Templates

# Questions and Answers

EMDRIA™ Staff



## Thank You!



Information Session Videos  
and Handouts:

Available end of April via:

["Informational Sessions:  
Registration & Details"  
webpage](#)

Contact for additional information:



[info@emdria.org](mailto:info@emdria.org)



[https://www.emdria.org/emdr-  
training/emdr-consultant/](https://www.emdria.org/emdr-training/emdr-consultant/)